



J.A.A.R. is an independent bi-monthly update that will deal with the various cases surrounding Abnormal Abductions & other related phenomenon. We are dedicated to investigating and understanding reported encounters. The Journal will feature writings from researchers both here and abroad. Case Studies, Landmark Cases, and Research Papers will also be in the Journal. Abduction Support Groups will be highlighted in the Journal, along with their contact information.

Butch Witkowski, UFO Research Center of Pennsylvania Director and Founder and Elaine Douglass, UFORCOP Utah Director had discussed many times the need for an outlet where both researchers and abductees can share information, and after many conversations and thoughts the Journal of Abnormal Abduction Research was born. It will be a bi-monthly publication posted on www.uforcop.com

**J.A.A.R is dedicated to the memory of
ELAINE DOUGLASS**

www.elainedouglassfiles.com

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Strange Reports of the Past from Albert Rosales

Location. Doullens region, Somme, France

Date: May 1 1967

Time: afternoon

Two independent witnesses, the first Michel L. and the second Gustave D. reported the same event. The first was in a field a little before noon north of Naours when he saw a military jet flying perhaps at a thousand meters in altitude it was immediately followed by a kind of metallic cylinder-shaped craft much bigger than the military aircraft. The unknown object was seen to overtake the jet and “swallow it whole” it then disappeared towards the southwest at high speed. For a few days he read the local media but found nothing about it in the papers. At the same time Gustave D. was 10 kilometers north of Michel’s location on the D925 roadway when he saw a huge gray cylinder-shaped metallic object which slowly caught up the jet plane and then “swallowing it up” he also looked for information in the local papers but found none. The incident apparently took place about 25 kilometers north of Amiens. The source interviewed others in the region but they had not seen anything.

HC addendum

Source: Claude Babin LDLN No. 381, April 2006

Location. Khmelnytskyi Ukraine

Date: 1992

Time: 14:00

Mrs. Movchan mother of a woman named Olga Movchan was standing in his kitchen near a window when she saw a saucer-shaped object hovering nearby. The witness “greeted” the aliens with her thoughts and wished them all the best. At this moment her legs seemed to give way and she became very weak in her knees. She thought she would lose consciousness and fall. The UFO who had been moving had now stopped. That same day other witnesses saw the same UFO over the town. After that initial contact the witness entered into periodical contacts with aliens. Home visitations began to occur on a regular basis. Her pets, a dog and a cat, seemed to sense when the aliens appeared. The humanoids behave very secretive, hiding from sight of the other relatives of the witness. At the time the witness was very ill, stricken with cancer and was becoming worse and worse. In despair, she asked the aliens for help. Incredibly, the aliens did help the stricken witness. The woman confessed to her daughter that one night she was taken by an extraterrestrial that she called “Vadim”. In a dark location she felt warm and understood that the alien were conducting healing sessions on her. This

usually occurred between 0200A and 0300A. She could not move as a result of the terrible pain and felt as if her veins were popping out of her body. The woman had a tumor in one of her veins, like a globule. After the aliens cured her, the tumor began to sharply decrease in size becoming pea-size almost three times smaller. But being very curious the woman decided to find out what the aliens were really doing with her at night. For that purpose she met with psychic Boris Benit and conducted a séance involving regressive hypnosis on her. Suddenly during the procedure both received a telepathic impulse which basically told them to stop the process, that the mystery was not theirs to know, that there would be dire consequences if they continued. “You will deform the program” the message added. Mrs. Movchan took this advice and never attempted another “experiment”. Sometime after that she noticed some strange marks on her wrist. The same thing happened to Boris. These marks remained for a long time, like brands and then vanished. According to the witness daughter the aliens completely cured the woman. Then the aliens established periodical telepathic communication with the witness. The aliens also gave the witness advice on how to cure different illnesses. Accordingly she eventually became a psychic and began curing and helping other people. The very same day of her original UFO observation, many town people also saw the disc-shaped object and two workers at a local industrial enterprise disappeared without a trace and were never found.

HC addendum

Source: Lubov Kolosyuk “New Aquarius” Newspaper, Samara Russia

From the Files of Elaine Douglass

You cannot rely on your government to tell you what the Intervention is or how it is happening or what it means. You cannot rely upon science, which is largely ignorant of this phenomenon. You cannot rely upon your religious leaders to counsel you about the reality of this phenomenon and what you should do, for they really do not know. —Marshall Summers

Please visit The Elaine Douglass website to view her lifelong look Ufology and Abduction. www.elainedouglassfiles.com

The Consciousness Series – Part 3

Ann Castle is a UFO and abduction investigator and researcher. She has been investigating the UFO phenomenon for over 25 years. With a Bachelor of Arts degree in Psychology and years working in psychiatric hospitals, Ann maintains a keen interest in the study of consciousness. She is also a professional psychic who uses her strong intuition to interpret human auras and to work with law enforcement finding missing persons (see www.aurareadings.com).

This article is Part 3 of The Consciousness Series, which explores how human and alien minds operate, and how a better understanding of consciousness will potentially help humankind interact with aliens in the future. This series will also clarify differences between human consciousness and alien consciousness, and offer ideas for developing human consciousness that will put humanity on a more level playing field when dealing with the more advanced alien consciousness. (Copyright 2015: all rights reserved.)

Part 1 of *The Consciousness Series*, discussed the long history of how religious and political authorities suppressed the development of human consciousness and how science is finally accepting the existence of telepathy and group consciousness.

Part 2 discussed how the human mind is divided into the mind, subconscious, and unconscious and how these seemingly separate parts can all access the quantum *field of all knowledge* (FAK) in which all information resides. This allows great potential for psychic communication and telepathy, but it also leaves human consciousness vulnerable to being “hacked” by aliens or other humans. This has resulted in aliens and some human governments perpetrating psychic persuasion (mind control) upon human victims.

Part 3 offers a framework for understanding the differences between individual (human and private) consciousness and group (alien) consciousness:

Before we can discuss the differences between human and alien consciousness, we first need to acknowledge that not all aliens are alike. There is more than one race visiting this planet. Sergeant Clifford Stone, (who worked with the US Army for 22 years as part of an elite team to retrieve alien craft, and where he worked as a *telepathic interfacer* [or telepathic communicator] with aliens) has stated that the CIA acknowledges

that at least 57 different alien races have interacted with Earth at some point in time. Many ufologists believe that at least 5 different races (The Reptilians, Tall Grays, Small Grays, Tall White Ones and Nordics) are currently visiting this planet, and other more obscure races have also been acknowledged in the past 60 years.

It is reasonable to assume that all these different aliens have varying levels of technological, moral, and spiritual maturity, and probably come from different star systems that have different ages and different cultures. They must have different biology as well. Certainly all these different aliens have varying types of brains and degrees of consciousness, and it is reasonable to assume that some (if not many) have consciousness that can transcend dimensions. For example, we are used to thinking in the 3rd Dimension with our thoughts bordered by space, time, past, present and future. However in our dream state we may well be accessing an alternate dimension.

As stated in Part 2 of this series, the unconscious part of the mind does not understand space or time, which is why our dreams can seem so crazy, and why sometimes people have dreams where they interact with dead relatives. Since our unconscious is already wired to operate outside the 3rd Dimension, it implies that every human already has the capability for other dimensional thought as well. Part 2 also stated that some humans experience psychic and telepathic communication with each other, and can also communicate telepathically with aliens. The depth and degree of this communication with aliens is usually initiated and controlled by the aliens, especially during abductions. However, ufologists Timothy Beckley Green and Steven Greer both think that some humans are capable of initiating communication with some aliens and summoning alien craft at will. Based on this information, meditation groups have formed all over the world with the intent of communicating with aliens, and some have supposedly met with positive results.

Ufologists and our government have known at least since the Roswell crash in July 1947 that aliens communicate among themselves with telepathy, and can trigger telepathy in us to communicate with them. Eisenhower White House National Security Council staff member, Colonel Phillip Corso wrote about alien telepathy in his book, *The Day After Roswell*. Corso said that the Pentagon realized the aliens could initiate telepathy in humans after a telepathy headband was found amongst the Roswell craft wreckage. The headband used extremely low frequency (ELF) waves for communication. (Part 2 of this series discussed how humans use ELF waves for psychic persuasion and electronic harassment.) Moreover, Corso's book states that

the medical examiner who examined a nearly-dead alien from the crash, said that the alien's brainwaves were very long and of low frequency.

In a resting state, human brainwaves are also long and low, between 5-11 hertz (cycles per second). This is within the lower end of the alpha brainwave range of 8-15 hertz, which is considered a meditative state. (As stated repeatedly in Part 2 of this series, a meditation practice is an excellent way to psychically develop.) Therefore, although aliens and humans have different biology, we can assume that telepathy between them is possible. Certainly thousands of abductees have reported telepathic communication with aliens in reports dating back to the 1950s.

According to Clifford Stone, the type of communication possible with alien telepathy is much more complete and faster than humans' typical verbal communication. While interfacing, he experienced instantaneous "downloads" of ideas complete with images, emotions, and nuances of meaning to the point where he could empathize with the alien. This implies that telepathic communication – at least among aliens – is far more complex and complete than a mere exchange of ideas, as many humans imagine telepathy to be. Telepathy may even be the most complete mind-sharing event possible because it includes emotions, nuance, and context, and elicits an empathic and "total" communication between the communicators. Not only do aliens communicate with telepathy, but there is evidence suggesting they share a group mind. Many abductees report small gray aliens moving and acting completely in unison, as if controlled with the same thoughts. Many abductees and UFO witnesses have observed Men In Black (MIB) also acting in complete unison as well, which may indicate that at least some MIB are aliens. (Other evidence suggests that some MIB are humans, perhaps working for the Office of Scientific Investigation and Research [OSIR], which is part of the US National Security Agency that investigates not only UFOs but other paranormal activity.)

Assuming that small gray aliens share a group mind, they also seem to be heavily controlled by higher authorities. Abductees have reported that the taller gray aliens do not move in unison, seem to command the smaller gray aliens, and seem to be capable of independent thought. This might indicate that the taller grays are in charge of the smaller grays, or that the smaller grays are bio-mechanical beings programmed to be workers. The abduction researcher, Derrel Sims, reported one abduction case where an abductee ripped off the eyepiece of a smaller gray alien, revealing not an eye, but a multi-lensed camera.

It might be easier to understand what a group mind might be like within the imaginary context of humans sharing a group mind. Let's first define characteristics of what an individual mind is like:

Most humans operate under the assumption that the thoughts in our heads are private. We believe that at least most of the time, thought originates in our own brains and minds, and that our thoughts are private and inaccessible to others. Humans have difficulty sharing thoughts, and our thoughts are so private that it is fairly easy to lie to others without being discovered. We all have secrets. Corporate life is filled with executives having hidden agendas and ulterior motives. Mothers secretly love one child more than the other, and politicians have secret lovers. Women hide their pregnancies. A young man may nurture a dream of his own business, knowing his father would disapprove. A wife can have murderous fantasies about her abusive husband, but as long as she does not communicate those thoughts or carry out her fantasies, no one will ever know her thoughts.

Lawyers, judges, law enforcement, juries, and the written law devote an enormous amount of time and expense determining if a crime was premeditated. Our alphabet-soup array of security agencies all over the world devote tremendous resources determining when and how a young man decides to become a terrorist: when did his ideology develop and what triggered him to cross the line between merely thinking about terrorist actions and committing them?

Individual minds have their challenges: Most of us suffer from minds that flit about from thought to thought, and we have a hard time concentrating or focusing. We may have a brilliant idea, but then a moment later lose it forever. Individual minds and private thought make it very difficult for society to control the thoughts and behaviors of its members. Aliens probably view humans as imbeciles, plagued by chaotic minds prone to sudden outbursts of bizarre actions and violence.

However, other Earth species may already share a group consciousness. Bats, bees, fish, and ants seem to share communication and possibly a group mind. Scientists studying these species admit that there is group communication with members of the hive or colony and have concluded that a poorly understood type of group consciousness exists among them. Ants use pheromones and other chemicals to communicate directions, food sources, and other information, but it is still not well understood how chemical communication results in an individual's specific action, or a group's action. Perhaps these creatures may also use the Earth's electromagnetic field for navigation, which could also explain why they move in unison even when separated.

Scientists have more difficulty explaining the bizarre movements of schools of fish, and some types of bird flocks. On the Internet, anyone can see starlings engaged in *murmurations*. Scientists studying this phenomenon seem to be constrained by current scientific methodologies and theories, which do not generally allow for the existence of telepathy. The birds fly, twist, and turn to form complicated flight patterns in an instant, which cannot be explained by assuming that each bird merely copies what the flock around him does. In addition, the murmuration patterns form complex mathematical patterns related to Mandelbrot's Chaos Theory and other complex mathematical theories. Some scientists believe that murmurations have more in common with physics and phasing transition states than with biology. Other scientists think that the birds share a unique group consciousness that is not yet understood: perhaps both theories are somewhat correct. Perhaps a shared group consciousness and telepathy operate under the laws of quantum physics, which will be further explored in Part 4 of this series.

Now consider how humans might behave if we all shared telepathy and a group consciousness. What would some characteristics be if our human minds were all interlinked? Would alien group consciousness have the same characteristics? Secrets would be impossible. Everyone would be aware of every thought, agenda, emotion, and motive. Some sort of consciousness filter would need to be applied to our thoughts, or we would be overwhelmed with information, but as stated in Part 2 of this series, this function is already served by the subconscious and unconscious: the subconscious holds recent memories ready for access, while the unconscious holds the memories of every event in our lives and accesses the quantum field of all knowledge (FAK).

With telepathy and a group mind, personal communication would be easier and more honest, resulting in stronger and happier relationships. Personal communication might also be more contentious as angry thoughts and hidden agendas would no longer be private. It is safe to assume that our emotions would be both deeper and more volatile as true intent could not be hidden – amorous or hateful feelings would be impossible to hide. Infidelity and deceit would be harder to commit. Mentally unbalanced people would be instantly identified, and perhaps either cured of their problems by merging with the group consciousness, or ostracized from society. Teamwork would be easier as individuals would know goals and commands as soon as they were thought.

An army could change directions in an instant, just like the starling murmurations, but it would be difficult to wage war because the “enemy”

would always know the next attack. Perhaps if our minds were united, there would be no concept of an enemy because we would be fighting against ourselves. Perhaps violence would be reduced or eliminated because deeper levels of communication would prevent problems from escalating into violence. Perhaps alien civilizations have matured into peaceful societies precisely because telepathy and group consciousness prevent or eliminate violence.

If sharing a group consciousness, very intelligent people and inventors would have their ideas communicated at once to everyone, regardless of whether or not society or the economy would be receptive to them. Ideas would certainly propagate faster. Cultural changes, memes, and other ideas would spread instantly, so that the entire society would quickly evolve from them. Education would be faster and easier because everyone would have access to equal knowledge, and less intelligent people would have information spoon fed to them, which would eventually give them the same advantages as others. Crime might even be eliminated if a criminal's plans were public, and the criminal justice systems would be very different than they are today. Social changes would be faster, and beliefs would be more uniform, resulting in less social stress and social volatility.

It is easy to imagine all the positive changes from humans sharing a group consciousness. There might finally be peace on Earth and goodwill toward men if our minds were all united. However, there would be drawbacks to having our thoughts public as well. Individual plans or dreams that now allow people to grow beyond their social circle or station in life would be more difficult to initiate. For example, if the son of a restaurant owner had a dream of starting his own restaurant against his family's wishes, he would face enormous pressure to abandon his dream. If star-crossed lovers wanted to elope and move away, their families could stop them. If someone wanted to start a new business, established businesses wanting to eliminate competition could thwart the startup's efforts. If a scientist had a controversial idea that might be right, he might be disciplined or ostracized for thinking outside the box – in the same way that scientists who believe in aliens today are denied tenure at universities. Non-conformists would suffer far more than they do today with individual consciousness. Would art suffer as well?

Individuality would be very difficult to maintain if everyone had the same thoughts. Would we lose our sense of “them” and “us?” Even though this might create a peaceful society, would it be a fair trade off? Humans value our individuality a great deal: would we be willing to subjugate our thoughts for the greater good – or would this even be necessary? Would we be

allowed some thought privacy and would that even be possible within a group mind? Would there be a hierarchy with individuals being “assigned” to a specific group consciousness or thought stream, perhaps on a need-to-know basis?

Assignment to a particular group mind might be precisely how the gray aliens manage their group consciousness. Some abductees (including “Kate” mentioned in previous editions) have reported that the smaller gray aliens seem to be less intelligent and under the command of the taller gray aliens. Does this suggest different categories or hierarchies of group consciousness, or closed networks for telepathy? Are aliens who are in a particular group consciousness hierarchy only privy to thoughts within a closed network, or on a need-to-know basis? Are they allowed to initiate thought and disseminate it? Are their superiors allowed a broader network and maybe some private, individual thought as well? What authority decides the levels of hierarchy and assignments? What authority determines what is actually thought? Do thoughts need to go through an approval process before being disseminated? Or do shared thoughts automatically get disseminated among the group, and the group decides whether an idea is worthy of merit? Finally, is the existence of a shared group consciousness a prerequisite before a civilization can leave the isolation of its own planet and join a larger interplanetary community? How does thought itself influence the quantum field? Perhaps the scientists that study starling murmurations are beginning to understand that group consciousness and communication have a direct connection to quantum physics and the FAK or Akashic Field. Part 4 of this series will discuss how telepathy and group consciousness may operate in the FAK.

Support Group and Researcher Directory

STARBORN SUPPORT

THE ALIEN ABDUCTION SUPPORT GROUP

Starborn Support of Southeastern Pennsylvania

Starborn Support is an organization consisting of professionals, abductees and experiencers who have come together to fulfill a dire need: To render support and guidance to those who feel they have been abducted by alien entities, or who have experienced a traumatic close encounter. We are also available for family members and close friends who are affected by their abductees’ experiences.

Starborn Support of Southeastern Pennsylvania is an affiliate of Starborn Support, and we are also dedicated to this population. We offer telephone support to individuals, and we broadcast weekly on the Blog Talk Radio Network. Our show is called “*Starborn Support Radio.*” We broadcast live every Sunday from 8:00pm to 10:00 pm eastern time, and our purpose is to help alien abductees, experiencers, their families and close friends get the support they need and the information required to understand and assimilate their experiences and reclaim their lives. We do this by providing our listeners with the most current, up to date information by hosting experts in the field of Ufology and Abduction Studies, and hosting actual experiencers and abductees who have decided it is time to share their stories, their lives and experiences in the hopes of awakening other abductees to come forward and share, moving out of the shadows and loneliness, feelings of rejection, and into the light to be counted.

Michael Austin Melton, M.S., Psy.D.
Director and Founder, Lead Therapist, UFOlogist
610-304-5493

www.starbornsupportradio.com
www.starbornsupporter.blogspot.com

The International Center for Abduction Research (ICAR)

Is an organization devoted to the dissemination of trustworthy information about UFO abductions. The ICAR will provide accurate information to therapists and lay individuals who are interested in abductions, and help them cope with the variety of problems that arise from the use of hypnosis and other memory collection procedures. David M. Jacobs is the Director of the ICAR.

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For information contact Joanne Summerscales Skype > ammach2011
Tel 07951752813 Email ammach@hotmail.co.uk www.ammach.co.uk



AUSTRALIAN CLOSE ENCOUNTER RESEARCH NETWORK

Web address www.acern.com.au Email starline@inet.net.au

NOTE: If you would like to have your Support Group listed or would like to have a case study published please send your information to Journal of Abnormal Abduction Research to butch218@dejazzd.com

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