



J.A.A.R. is an independent bi-monthly update that will deal with the various cases surrounding Abnormal Abductions & other related phenomenon. We are dedicated to investigating and understanding reported encounters. The Journal will feature writings from researchers both here and abroad. Case Studies, Landmark Cases, and Research Papers will also be in the Journal. Abduction Support Groups will be highlighted in the Journal, along with their contact information.

Butch Witkowski, UFO Research Center of Pennsylvania Director and Founder and **Elaine Douglass**, UFORCOP Utah Director had discussed many times the need for an outlet where both researchers and abductees can share information, and after many conversations and thoughts the Journal of Abnormal Abduction Research was born. It will be a bi-monthly publication posted on www.uforcop.com

J.A.A.R is dedicated to the memory of
ELAINE DOUGLASS

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Abduction Phenomenon

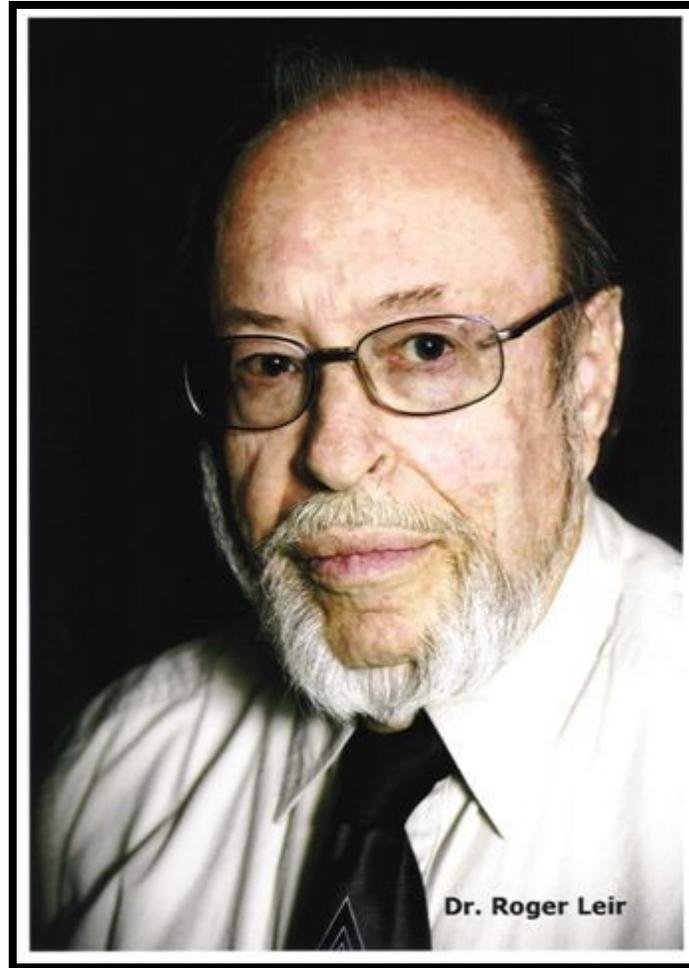
The various aspects of the abduction phenomenon suggest one or another of these diagnostic possibilities, especially if one does not study the field too carefully. The difficulty is that each diagnosis fails to consider, let alone account for, several fundamental elements of the abduction experience.

There are five dimensions that must be included in any possible theory.

- 1. The reports of abductees from all over the United States (I am writing only of the United States as cultural differences might modify this statement) are highly consistent with one another among people who have had no contact with each other. They include details that even now have not been reported in the media among people who come forth reluctantly, have nothing to gain and risk ridicule in speaking of their experiences.**
- 2. There are important physical signs which accompany the abduction experience. These include independent reports by witnesses that the abductee is indeed missing for a time; nosebleeds and various cuts, scoop marks, bruises and other complexly patterned skin lesions, sometimes appearing on the bodies of several abductees simultaneously, and implants that can be felt under the skin following abductions even though none of these have been proven to be of non-biological or "foreign" origin.**
- 3. Abduction reports occur in children who are too young to have developed the psychiatric syndromes listed above. A two-year-old boy that I interviewed said that he was taken into the sky by a man who bit his nose. A not yet three-year-old boy said that owls with big eyes (it is common for children to remember the alien beings disguised in animal forms) take him up to a ship in the sky, and he is afraid he will not be able to get back to his mother.**
- 4. Although not every abductee sees the UFO into which he or she is taken, the phenomenon is consistently associated with sightings of unusual flying objects by the abductees themselves and other witnesses. One woman with whom I have been working was shocked the morning after an abduction, during which she did not see a UFO, to learn from the media that many people had seen one passing the vicinity of her abduction site at the time of her experience.**
- 5. Psychiatric evaluations and psychological studies of abductees, including several of my own cases, have failed to identify consistent psychopathology. Abductees may, of course, suffer from mental and emotional distress as a result of their often traumatic experiences, and a few have been found to have accompanying psychiatric conditions. Many come from troubled family backgrounds. But in no instance has the emotional disorder provided an explanation for the abduction experience.**

John E. Mack, M.D.

In Memoriam



March 15, 2014 this day is a sad day to report the passing of Dr. Roger K. Leir, we have lost a great man, podiatrist and devoted Ufologist. He will be greatly missed by all.

QUESTIONNAIRES

STARBORN SUPPORT ABDUCTION QUESTIONNAIRE

1. Have had unexplainable missing or lost time of one hour or more.
2. Have been paralyzed in bed with a being in your room.
3. Have unusual scars or marks with no possible explanation on how you received them (small scoop indentation, straight line scar, triangular marks, scars in roof of mouth, in nose, behind or in ears, etc.)
4. Have seen balls of light or flashes of light in your home or other locations.
5. Have a memory of flying through the air, which could not be a dream, or many dreams involving flying.
6. Have a strong "marker memory" that will not go away (i.e.: an alien face, an examination, a needle, a table, a strange skinny baby, etc.)
7. Have seen beams of light outside your home, or come into your room through a window.
8. Have had many dreams of UFOs, beams of light, or alien beings.
9. Have had a shocking UFO sighting or multiple sightings in your life.
10. Have a cosmic awareness, an interest in ecology, environment, vegetarianism, or are very socially conscious.
11. Have a strong sense of having a mission or important task to perform, sometime, without knowing where this compulsion is coming from.
12. Have a secret feeling that you are "special" or "chosen," somehow.
13. Have had unexplainable events occur in your life, and felt strangely anxious afterwards.
14. Have had several strange psychic experiences - such as knowing that something is going to happen before it happens.
15. For women only: Have had false pregnancy or missing fetus. (Pregnant, and then not)
16. Have awoken in another place than where you went to sleep, or don't remember ever going to sleep. (i.e. waking up with your head at the foot of your bed, or in your car)
17. Have had a dream of eyes such as animal eyes (like an owl or deer), or remember seeing an animal looking in at you. Also if you have a fear of eyes.
18. Have awoken in the middle of the night startled.
19. Have strong reaction to cover of Communion or pictures of aliens. Either an aversion to or being drawn to.
20. Have inexplicably strong fears or phobias. (i.e. heights, snakes, spiders, large insects, certain sounds, bright lights, your personal security or being alone).
21. Have experienced self-esteem problem much of your life.
22. Have seen someone with you become paralyzed, motionless, or frozen in time, especially someone you sleep with.
23. Have a memory of having a special place with spiritual significance, when you were a youngster.
24. Have had someone in your life that claims to have witnessed a ship or alien near you or has witnessed you having been missing.
25. Have had, at any time, blood or strange stain on sheet or pillow, with no explanation of how it got there.
26. Have an interest in the subject of UFO sightings or aliens, perhaps compelled to read about it a lot.
27. Have an extreme aversion towards the subject of UFO's or aliens - don't want to talk about it.
28. Have been suddenly compelled to drive or walk to an out of the way or unknown area.
29. Have the feeling of being watched much of the time, especially at night.
30. Have had dreams of passing through a closed window or solid wall.
31. Have seen a strange fog or haze that should not be there.
32. Have heard strange humming or pulsing sounds, and you could not identify the source.
33. Have had unusual nose bleeds at any time in your life. Or have awoken with a nose bleed.
34. Have awoken with soreness in your genitals which cannot be explained.

35. Have had back or neck problems, T-3 vertebrae out often, or awoken with an unusual stiffness in any part of the body.
 36. Have had chronic sinusitis or nasal problems.
 37. Have had electronics around you go haywire or oddly malfunction with no explanation (such as street lights going out as you walk under them, TV's and radios affected as you move close, etc.).
 38. Have seen a hooded figure in or near your home, especially next to your bed.
 39. Have had frequent or sporadic ringing in your ears, especially in one ear.
 40. Have an unusual fear of doctors or tend to avoid medical treatment.
 41. Have insomnia or sleep disorders which are puzzling to you.
 42. Have had dreams of doctors or medical procedures.
 43. Have frequent or sporadic headaches, especially in the sinus, behind one eye, or in one ear.
 44. Have the feeling that you are going crazy for even thinking about these sorts of things.
 45. Have had paranormal or psychic experiences, including intuition.
 46. Have been prone to compulsive or addictive behavior.
 47. Have channeled telepathic messages from extraterrestrials.
 48. Have simply heard an external voice in your head, speaking to you, perhaps instructing or guiding you.
 49. Have been afraid of your closet, now or as a child.
 50. Have had sexual or relationship problems (such as an odd "feeling" that you must not become involved in a relationship because it would interfere with "something.")
 51. Have to sleep against the wall or must sleep with your bed against a wall.
 52. Have a fear that you must be very vigilant or you will be taken away by "someone."
 53. Have a difficult time trusting other people, especially authority figures.
 54. Have had dreams of destruction or catastrophe.
 55. Have the feeling that you are not supposed to talk about these things, or that you should not talk about them.
 56. Have experienced many things in this list, and recall your children or parents speaking of similar experiences on occasion.
 57. Have tried to resolve these types of problems with little or no success.
 58. Have many of these traits but can't remember anything about an abduction or alien encounter.
- Contact Us! aah3273@yahoo.com or 774.766.2558

Kathleen Marden and Denise Stoner

SECOND STAGE EXPERIENCER QUESTIONNAIRE

Return your questionnaire to Denise Stoner at dmstoner1@gmail.com. Your identity will remain anonymous.

1. What is your area/s of professional expertise?
2. What is your educational level? Some high school (), high school graduate (), some college (), Associates degree (), Baccalaureate degree (), Masters degree (), Ph.D. (), Post doctoral studies ().
3. Did you grow up in a home with 2 parents (), 1 parent (), foster home (), orphanage (), other ()? Please explain.
4. What group/s of ETs have you observed? Grey (), Hybrid (), Insectoid (), Reptilian (), Draconian (), Nordic (), Tall White (), Tall Golden (), other (). Please specify.
5. Have your experiences have been positive (), negative (), both positive and negative (), neutral ().
6. Are you generally taken on a particular month or day of the month? Yes (), No (). If so, when?
7. Have you developed new talents or abilities for which you had no aptitude prior to being taken? Yes (), No (). If yes, what are they?
8. Are you ever forewarned that you'll be taken hours or minutes before it occurs? Yes (), No (). If so, describe the signs or symptoms that warn you.
9. Is the method of taking you to the craft different than in the past? Yes (), No (). If so, how does it differ and when did it change (approximate date)?

10. Have you been taken on a tour of the craft? Yes(), No(). If yes, describe the entity that escorted you and what you were shown.
11. Have you been taken over a number of years? Yes(), No(). If yes, please describe any differences you've noticed, if any, between the ET's past and present modus operandi.
12. Are you having more conscious recall of your experiences than in the past? Yes(), No(). If you answered yes, what do you recall?
13. Do you know why the ETs are taking you? Yes(), No(). If yes, why?
14. Has your close biological relative been taken? Yes (), No(). If yes, who?
15. Are you experiencing new pain that you believe is the direct result of your contact experience? Yes(), No(). If so, please state where it is and describe it.
16. Do you think your experiences are physical or non-physical? Physical(), Non-physical(), both(). Why?
17. If you could stop your experiences, would you? Yes(), No(). Why?
18. Have you been taken in your vehicle and relocated? Yes(), No(). If yes, please describe the incident and indicate whether you were driving in traffic or on an isolated road.
19. If you were taken from your vehicle and experienced missing time, was someone waiting for you to arrive within a specific time period? (Yes(), No(). If yes, how long was your missing time event?
20. Do you feel there is some sort of grand plan in motion that experiencers are all a part of? Yes(), No(). If so, explain your thoughts on this.
21. Are you aware of having been given information by the ETs, but can't recall what that information is? Yes(), No(). If so, does anything occur when you attempt to force this memory to the surface?
22. Do you ever notice physiological evidence that signals you that you might have been taken? Yes(), No(). Is yes, what evidence?
23. Are you able to withstand unusually rough or dizzying motion without developing motion sickness, especially when others around you are ill? Yes(), No().
24. Have you developed an unusual reaction to heat or cold that is not related to an illness? Yes(), No(). Explain.
25. If you could choose a temperature range you would be most comfortable living in, what would it be? (Example – 73-78 degrees.)
26. Have you developed a fear of drowning that you believe is related to an abduction experience? Yes(), No(). Please explain.
27. Have you ever been submerged in fluid on an ET craft? Yes(), No().
28. Have you developed a muscular Yes(), No(), or neurological Yes(), No(), disorder that you believe is related to your abduction experiences? If yes, please explain.
29. Do you believe that your sense of direction has changed due to your abductions? Yes(), No(). If yes, how?
30. Have you noticed that you can find your way more easily under water than previously? Yes(), No(). On land? Yes(), No().
31. Have you experienced pain while on an examining table in a craft? Yes(), No(). If so, what caused it?
32. If yes, was your pain relieved through ET intervention? Yes(), No(). If yes, how?
33. Have you ever received a formal medical diagnosis of ADD or ADHD? Yes(), No().
34. Have you ever received a formal medical diagnosis of Asperger's Syndrome? Yes(), No().
35. Have you been diagnosed with thyroid disease? Yes(), No(). If yes, is it hyper or hypo? Hyper(), Hypo().
36. Do you have increased sensitivity to prescription medicines? Yes(), No(). If yes, please describe those reactions/medications.
37. Do you feel that you are ill as a result of being on an alien craft or of being medically "tested" by an alien being? Yes(), No(). Please explain.
38. Do you have other physical or physiological effects that you believe are directly related to your experiences? Yes(), No(). If yes, what?
39. Do you have a blood clotting disorder? Yes(), No(). If yes, what?
40. Do you recall being involved in an alien breeding program? Yes(), No(). If yes, what type of alien do you feel was involved? Describe what you observed.

41. How many children do you have? () Were they born before or after your abduction(s)? Before(), After().
42. Do you have memories of ET involvement or facilitation in your pregnancies or your partner's pregnancies? Yes(), No(), N/A()
43. Do you have a gifted child that you believe is the result of ET intervention? Yes(), No() If so, what gift/s does your child have?
>Females Only (If you are comfortable responding to this please give as many details as you are familiar with.)
44. Have you had missing fetus syndrome that you believe is related to alien abduction? Yes(), No(), not sure().4
45. Have you had a hysterectomy (removal of uterus)? Yes(), No(). Reason for this surgery?
46. Have you had an oophorectomy (removal of one or both ovaries)? Yes(), No(). Reason for this surgery?
47. Describe any unusual problems leading up to the surgery that might have been caused by ET involvement.
>Males Only (If you are comfortable responding to this please give as many details as you are familiar with.)
48. Have you developed any unusual reproductive difficulties that you believe resulted from an experience on the craft? Yes(), No(). If so, please explain.
49. Were your reproductive years ended sooner than you hoped for? Yes(), No(). If so, what do you feel the reasons were?
50. If you feel you were a part of an alien breeding program, what particular type of alien do you feel was involved in this human/alien experience? Describe the aliens you are aware of.
- Our hope is that your answers will support other experiencers and help to solve the ET mystery.

Sincerely,
Denise Stoner and Kathleen Marden

Informed Consent Form

This informed consent form is for individuals who have experienced alien abduction and who wish to participate in completing a questionnaire designed to identify commonalities among experiencers. Abduction researchers, Kathleen Marden and Denise Stoner, are inviting you to participate in these fact finding questionnaires. We have been providing support and insight into the alien abduction phenomenon for a combined total of more than 42 years. Our goal on the first questionnaire is to identify alien technology that experiencers have observed on the craft. The "Second Stage" questionnaire provides experiencers and the UFO community information about the unique constellation of demographic, experiential and medical commonalities that experiencers share. These questionnaires can benefit experiencers by demonstrating that they are not alone. Those who have already completed the form have stated that they viewed it as a positive experience. However, we wish to caution you to be sensitive to your own emotions. If recalling your abduction memories is distressing, we advise you not to participate in these questionnaires. Participation is purely voluntary. We are asking you to help us learn more about commonalities among experiences. You do not have to share any knowledge or experience that you are not comfortable sharing. You do not have to decide today whether or not you wish to participate in filling out these questionnaires. You may wish to return to them at any time. Completing each questionnaire will take approximately 15 minutes of your time. You can send them via email or via US mail. Specific instructions are listed on the top of each questionnaire. You may contact Kathleen Marden at Kmarden@aol.com or Denise Stoner at dmstoner1@gmail.com with questions and we will do our best to answer them to your satisfaction.

Our goal is to protect your anonymity. No one will be identified by name. Any personal information that you volunteer on the form is confidential and no one except Denise Stoner and Kathleen Marden

will have access to your personal information, if you decide to include it on the forms. However, you may choose to remain completely anonymous. Completed questionnaires will be tallied and locked in a secure location.

**Sincerely,
Kathleen Marden and Denise Stoner**

Case Study

Children as Abductees

Although abduction and other UFO-related reports are usually made by adults, sometimes young children report similar experiences. These child-reports often feature very specific details in common with reports of abduction made by adults, including the circumstances, narrative, entities and aftermaths of the alleged occurrences often these young abductees have family members who have reported having abduction experiences. Family involvement in the military, or a residence near a military base is also common amongst child abduction claimants.

Deborah Truncale, a pro-abduction researcher believes that the reports made by children should be taken similarly seriously to those made by adults. She notes several characteristic behaviors of children fictionalizing stories, such as pausing to think, attempting to anticipate the reaction of the listener, or trying to fake convincing eye contact. Truncale sees child abduction claimants as lacking these mannerisms, instead, she says, they can be described as "generally more animated than children making up stories and speaking quickly, they recall an account without the behavior that involves...story telling."

Some pro-abduction researchers feel that children do not include the image of the Grey-type alien as part of their "image bank," and consequently their reports are not likely derived from cultural depictions of UFO related phenomena. Budd Hopkins once investigated "several mask and novelty stores" for a commercially produced grey alien costume for children, but could not. He feels that this supports the hypothesis that children are not familiar with "greys." John Carpenter also believes that young children are not "contaminated" with cultural images of greys. He reports that a fellow investigator who is a school teacher requested her children to draw an alien, and that none of them drew a Grey-like being.

Children seem to react differently to their alleged abduction experiences than adult claimants- Many alleged adult experiencers report doubting their sanity or the veracity of what they believed happened to them. Children, by contrast, never seem to doubt that their experiences happened to them. For an adult, an abduction experience can challenge much of what they believe about the world.¹ Children however, by virtue of being in a formative stage of development, more readily assimilate the experience into their developing worldview.

Many repeat-abductees report that, as children from the ages of 2-6, they would be visited by balls of light that would enter their room at night. These balls would seem to play games with children and fly around the room. Some have interpreted them as being a way for the alleged abductees to develop their psychic abilities the way a physical ball helps develop coordination and athletic abilities. As such these intangible orbs have been dubbed "psychic toys." Although these phantasms are alleged to have appeared regularly, no corroborating sightings from members of the abductees' families or others that may have been expected to see them have been reported.

Case Study

The Process: Alien Abduction of Children

Aliens first immobilize their victims, both physically and psychologically, using some kind of telepathic-mind control. Victims can also be influenced to move and do things they don't want to do.

Children and babies, yes, babies, are usually taken at night. Children can also be influenced to walk in an open area to be taken or during travel to and from school. Children can be "floated" out of their rooms, through walls or windows up into a waiting alien spacecraft.

Aliens take children singly or in groups to play with their alien/hybrid children to teach the hybrids human behavior. The process is ongoing. Several drawings illustrate this.

Aliens also take children and babies for experimentation. The aliens also perform physical experiments, take tissue samples for further genetic manipulation and attempt physical alteration of their subjects. The reason for Immersing both children and adults in vats of liquid is unknown. Several drawings illustrate alien activities on children, including immersion in vats of liquid.

From what we can obtain by hypnotic regression, and in some cases consciously recalled memories, reproductive procedures are performed on both men and women. Sperm is obtained from men and eggs from women. Aliens also perform some reproductive procedures on children who have not achieved puberty as well as those in puberty.

When the aliens are finished they return their victims to their original location, sometimes not in the same spot. When parents find a baby lying outside its crib in the morning for no known reason the baby was possibly abducted. Children found in different beds in the morning also may have been abducted.

The abduction of humans by aliens is an ongoing, lifelong process. The abduction process continues throughout the life of the individual.

Budd Hopkins on UFO & Alien Abductees

Case Study

Alien Abduction Scenario, NE Pennsylvania

Witness was leaving his job and heading to a friend's house when he felt warmth in his head and a voice that told him to go to his parent's home. He arrived at his parent's home around 3:30am. As he pulled up to the driveway he noticed that the driveway light had just turned off like someone had been there. The home is located on a wooded lot with no neighbors nearby. As he got out of his car he heard a metallic sound like something hit a rock. In the home he heard the dogs barking frantically. He looked out a small, open window and saw two red orbs. Each contained a small "Gray" creature about 3 1/2 to 4 feet tall. As he watched he saw about 2 to 4 shadows between the orbs and his window. They seemed to be about 6 feet high. They were making blipping noise as if they were speaking to each other. He felt they were trying to get into the house through the opened window. He grabbed a stoker rod from the fireplace and went outside to chase them away.

He remembers turning the corner of the house and then "waking" with the stoker lying on the ground next to him. He said that he lost about 1 to 2 hours of his memory. His mind was all messed up like he had been on anesthesia. Also his right foot which was broken some time before the incident was now healed but now his left leg hurt. He also noticed that his clothes were not on him right...like they were removed and put back on wrong. He felt very disoriented and exhausted. He felt he could not make it back to the house so he sat in his car for a couple of hours until his mom came out to walk the dogs in the morning. He told her what had happened.

The witness has dreams. Since he was around 18 everything has a '31' in it...all his passwords, etc. This happened on his 31st birthday. He always had dreams about things he never knew about like Quantum Physics, Einstein's theories, time and space were 3 dimensional, Unified Field Theory, etc. He would wake up and write them down and then look them up and verified what he had dreamt. Witness feels he has been observed for many years but only while at his parent's home. He found out later that his Stepfather also had visits.

Phantoms and Monsters, Lon Strickler
www.phantomsandmonsters.com

Case Study Part II

Abductee Interview by Ann Castle

Kate Part 2

Ann Castle is a UFO and abduction investigator and researcher. She has been investigating the UFO phenomenon for over 25 years. This is a transcript from a series of interviews from an abductee, "Kate," who wishes to remain anonymous. Kate is a single, white female in her 40s, who works in the financial industry. She is a lifelong abductee who has worked with Budd Hopkins and Derrel Sims. Kate has had several missing fetuses, severe endometriosis, and paranormal experiences associated with her abductions. (Copyright 2014: all rights reserved.) This is Part 2 of Kate's experiences:

Ann: In our last session, you were talking about what it is like aboard a Gray alien spacecraft. You once said to me that if being aboard a spacecraft wasn't so damn scary, that it would be pretty amazing.

Kate: It is pretty amazing – and scary. As many times I've been aboard, and as conscious as I have been through some of those experiences, it is still a very scary experience, even though by now I am pretty confident they are not going to harm me severely or kill me – or they would have done so by now.

Ann: What exactly are you afraid of?

Kate: There are several things that make me afraid and that I think would make most people afraid. Intellectualizing about alien spacecraft and being kidnapped and trapped aboard a spacecraft are two different experiences. A good analogy would be war – one can be trained as a soldier and how to react in combat, but being in real combat is far different than intellectualizing about it. The first part of the alien fear factor is their technology, which is of course amazing, and when I see it I am reminded of how primitive humans are. The Gray aliens' material objects, such as their spacecrafts, can be controlled by them thinking about it, which I'll talk about later. In comparison, our technology is in the Stone Age. Their technology reminds me of how out-gunned this planet would be in case of a confrontation with them. Our governments know this as well, which may be one reason for not having disclosure; our governments can do little to protect us and everyone in ufology knows this.

Ann: Don't you think that if they wanted to invade or control us they would have by now?

Kate: Ann, they have already invaded – in fact, they have never left. Gray alien hybrids and other human-looking species are already here walking among us, and I think they always have been here. I think aliens seeded this planet with humanoids, and we have probably always been an alien outpost on the edge of this particular galaxy. We could also be controlled by them and not even know it.

Ann: Retired US Army Sergeant Clifford Stone used to work in the army recovering crashed spacecraft. He claims there are over 50 different alien species that have had contact with this planet. What do you think about his claims?

Kate: Clifford Stone is very credible and I think his claims are true. I have seen several types of aliens myself. Mostly I see the Grays, but I have seen the Reptilians, the Nordics and Tall Whites, and a couple of times I have seen US military in uniform aboard the spacecraft as well. The Reptilians and Grays scare the hell out of me, especially the Reptilians. Technology aside, I think part of that fear is instinctive – the Reptilians and Grays aliens terrify me, and I wonder if we have been genetically programmed to feel that intense fear around them – the Reptilians especially feel monstrous to me. I think some types of aliens are psychic parasites that feed off of terror – it energizes them.

Ann: Do you think the utter strangeness of encountering aliens could cause that fear?

Kate: No, it is more than the strangeness factor. I am not afraid around the Nordics or Tall Whites at all, even though they are still aliens. In fact, I would welcome the opportunity to have some long conversations with them. The fact that aliens are different from us and outside of our culture is not what causes the fear – there is something else far more visceral with the Reptilians and Grays.

Assuming Clifford Stone is right and there are many aliens around, it would be best not to generalize about their motives. I think there are many species with many agendas, and I think they can have different influences upon our mental environments, for lack of a better term.

Ann: Let's cover that in a later edition. Let's talk about being beamed aboard a spacecraft.

Kate: Usually when I am beamed aboard I travel through what can best be described as a tracking beam. This is an extremely bright, white, hot light. This is a different kind of light that doesn't follow the usual properties of light, so I suspect it may not be light but a sort of plasma. During one particular abduction experience, I saw a large pillar of light coming down from an immense spacecraft. What was unusual about this light was that it had a sudden ending to it, a border, like a white telescope coming out of the spacecraft. Years after this experience, some ufologists call this solid light. It doesn't act like regular light at all. There are our borders to it, and the beam has a defined end to it, like extending a pole. I think it is a kind of plasma light that we have not discovered yet. Usually, I am taken up inside of a giant white beam of light that is about 14 feet (4.2 meters) across on the bottom. And it is so bright I always think it is going to burn my retinas forever. It is extremely painful to my eyes, and it burns my skin. I have been in this light many times and it always terrifies me because it could literally cook me. When I am going up the beam, I am not really aware of direction. I am not aware that I am going up. I feel almost the same amount of pressure on the bottom of my feet as if I were standing on the ground. It feels as if there is the same gravitational pull on my body, and the same pushing pressure on the bottom of my feet as if I were standing on the ground. The feeling is as much being pulled up in the light, as it is being pushed up at the same time. So there are a few seconds where I'm very frightened as I am beaming aboard the spacecraft, then suddenly the light turns off and I'm standing on a firm floor. I open my eyes but I cannot see well and all I see is redness, because my eyes cannot adjust yet to the sudden darkness. At this point I am standing in what I call the anteroom. As my eyes adjust, I can hear the smaller aliens gliding around

me. I think I said in Part 1 that they glide rather than walk, and to me they sound like children wearing slippers on a tile floor. There is a little whooshing sound as they walk.

Ann: Can you describe the anteroom to us?

Kate: It is a round room about 40 feet (12 meters) in diameter. I can hear air vents and feel air circulating. The air feels cold; I estimate about 55°F (13°C). It is quite dim in the room and it seems to be lighted with infrared lighting. This light emanates from the walls. The walls have vertical red seams, which shine like dark, red neon. They are not very bright at all. I don't really remember how tall the room is, but I always had the impression it is quite tall, maybe 30 feet (9 meters) or 40 feet (12 meters) tall.

Ann: And: Then what usually happens to you?

Kate: I don't spend much time in the anteroom. Usually I am there only long enough to get reoriented to standing on my feet again. I sometimes have the feeling that I could escape from the anteroom, and the smaller aliens there always seem a little afraid of me. I get the feeling they would be in serious trouble if anything happened to me there.

Ann: If you could escape at this point, where could you go?

Kate: Well, that is the problem. I would have to jump out the hole the light beam comes out of, and probably fall a long distance and die. Or I might get crushed in the doors as they close. Escaping is not something I am apt to do, but I bet there have been instances of panicked humans trying to escape who have probably died. This is why they do not keep me there long, only a minute or so in the room. Then suddenly a door appears in the wall. I don't mean that a door is there and I suddenly notice it, I mean suddenly a door is created in the wall as they need it. When the doors appear they begin as a red light on the wall. It starts to vibrate with red and white dots of light on it that jiggle a lot. At first there are more red dots than white, but then the number of white dots increase and the number of red dots decreases. The white dots of the door start expanding until they are large white dots. For a second the door looks like a mesh screen with hollow holes, and when the white dots are finished expanding, the door is complete and has been made directly into the wall. When the doors are finished, they are about 5 feet (1.5 meters) wide, about 6 feet (2 meters) tall, and have a curved arch on top. The whole process takes about four seconds. They can change many parts of their spacecraft by thinking about it.

Ann: Can you expound upon this?

Kate: I think the entire spacecraft is controlled by telepathy. The spacecraft is solid – it is physical. It has air vents that I hear; it has a floor to walk on; it has walls that I can touch, but the entire layout of the spacecraft, the rooms, doors, or hallways can be changed at will by the aliens thinking about them! I think the objects the Grays create are both waves and particles and that their state can be changed by thinking about them. Most of the spacecraft is quite cool by our comfort standards and the air is very dry. The spacecraft is dark by our standards as well. I mentioned the ribs in the wall of the anteroom: when I place my hands upon the wall I always think the spacecraft is reading me, that the walls are intelligent, and that the walls are scanning me to figure out if I am a friend or foe. When I touch the walls it is a similar experience to petting a neighbor's new dog. As I am petting the dog, I know that the dog is sniffing me and exploring me. I always feel that the walls of the spacecraft are doing that to me as well. About every 2 feet (.6 meters) in the walls there are these ribs that run vertically from floor to ceiling. The ribs give off a dark red light, which is the major source of lighting in the anteroom and hallways. When I touch one of these ribs it is extremely cold. It is so cold it burns my hand. Once I asked my Gray handler about these ribs, and he told me that the ribs were used to morph the spacecraft into the shape they needed. He didn't use those words, but the impression I had was that telepathic commands acted upon the ribs that changed the structure of the spacecraft. I believe these spacecrafts can expand into large sizes or compact themselves into smaller sizes, and this is done entirely by thought command.

Ann: Years ago you told me about the hallways, and I was fascinated. Can you expound on that?

Kate: The hallways are pretty interesting because the floors are different than the rest of the spacecraft. The hallways are mostly black and very dark, except for the red light emanating from the ribs. They are round in shape, like corrugated tubes, with the floor part being flatter. The floor is very spongy; it reminds me of walking on those gel mats that they have for people who stand a lot in their jobs. Only the floor is spongier than gel mats, almost like memory foam. As I am being led down the hallway, the doors or hallways appear or disappear as my handler's thoughts will it. I don't always see my handler in the anteroom or in the hallways; sometimes four or five smaller aliens lead

me down the hallways. I always know that once I'm in the hallway I cannot escape because I cannot create the doors and I have no idea where I am. I cannot go backwards because the doors or hallways behind me have disappeared. It is very Alice-in-Wonderlandish and disorientating.

Ann: What are the other rooms like?

Kate: The other rooms are extremely varied. I have seen the nursery where I believe human-alien hybrids are born – or rather, created. They are enclosed in what seems to be big glass test tubes. The test tubes holding the babies are similar in size and shape to an 8 gallon water bottle on a water cooler. The nursery room is dark, but the few times I have been shown the room, when I walked in the light became a yellow amber color and the room brightened for my benefit. I am always with my handler in these rooms. I rarely sense much emotion from the Grays, but I do sense pride when my handler shows me the babies. I walk into the nursery and there are several very wide columns. The columns are about 12 feet (4 meters) wide, and hanging around these columns are three or four rows of the 8 gallon test tubes with infants in them. The test tubes are filled with gel, and my handler told me this gel feeds and cleans the infants. The extremely young fetuses are in gel that looks more silver in color. These fetuses are only about 4 inches (10 centimeters) long. I don't like looking at them because they really give me the creeps. I don't mind looking at the older babies as much because they look more humanoid. One time, about 20 years ago, my handler showed me two infants and gave me the impression that they were mine. He pointed to my belly and then to the infants. They were floating in what looked like a regular wash tub. I was upset because the infants were floating face down in this gel stuff and I was afraid they would drown. I would turn them upright with my hands so their noses would be out of the gel, but as soon as I let them go they would flip over to float face down again in the gel. I kept trying to get their noses above the gel, and I was getting panicky that I could not keep them afloat with their faces up. My handler seemed amused by this and told me that they could breathe the gel and that they would not drown. While this was happening I was being watched by a number of aliens, including Reptilians and Nordics. I saw a praying mantis type behind me briefly, but they terrify me too. Even though I knew it was there, I knew it was actively staying outside my line of vision as much as possible. I felt as if I was being observed by about 15 different aliens, to see how I would react to the babies in the tub. My handler told me to feed the babies. I told him I didn't know how. He pointed to a shelf above the wash tub, and on top of the shelf there seemed to be a cardboard box of laundry detergent. He told me to pick it up. I knew damn well it was really not laundry detergent and that I was not really holding a box, but I picked it up anyway. I was aware that he was manipulating my mind to make me think it was like a box of laundry detergent. Then my handler told me to sprinkle the detergent into the wash tub with the babies. He said this was food for them. As I sprinkled the detergent into the wash tub, the wash tub started to vibrate gently and mixed the detergent with the gel. The gel turned from clear to bright red. When the gel was quite red, my handler said I had put in enough food and I could put the box back on top of the shelf. When I did, the box of detergent turned into a large oval test tube filled with red granules. My handler had manipulated my mind into thinking it was like detergent, probably so that I would realize to shake the box into the water as if it was detergent. However, the second I no longer needed to think it was detergent; it turned into a large red test tube. I had the thought the wash tub was not a wash tub either, but something else. All this mind manipulation disturbs me on many levels because they can make us believe anything and we have no reason to doubt what we believe. I also believe that if they wanted to control the human populace, they could do so very easily. They could broadcast to us a thought, and we would believe anything they wanted us to believe.

Ann: That is a very scary thought! In the later part of this series I want to talk more about what you call our mental environments, but for now let's stick to the spacecraft.

Kate: The nursery itself is fascinating. There are hybrids in various stages of development. I also believe they have various models of aliens. I think they have several generations of human-alien hybrids, with each succeeding generation looking more and more human. For example if they clone a human and a Gray, the hybrid would be half alien and half human and look very alien. If they breed that hybrid with another human, the next generation will be three-fourths human and one-fourth alien and look more human. By the time they breed hybrids with humans four or five times, the offspring may only be one-sixteenth or one-thirty-second alien and it will look quite human. In some of my abductions I have seen these offspring here on Earth functioning as humans. I think some of the Men in Black reports, especially the earlier reports from the 1950s, were fourth or fifth generations alien hybrids. They would move in unison for example, and have very pale skin.

Ann: I think there are two kinds of Men in Black – the hybrids you describe and humans working for governments. Let's discuss that in a future edition. Let's continue with the nursery and talk about the black boxes.

Kate: The black boxes are the most frightening things I have ever witnessed, anywhere. In my telepathic conversations with my handler, I had the impression that the aliens believe that their clones are not very viable. I believe the aliens believe that human souls make the hybrid clones much more viable, so they have a huge process to literally steal our souls.

Ann: Aside from the fact that this is horrific and mind-blowing, some religious people would think that stealing souls was not possible, because they are gift from God. What are your thoughts on this?

Kate: Religious people can believe whatever they like – believing souls cannot be stolen is wishful thinking worthy of a Disney movie. I know what I saw, and I don't think the Grays or Reptilians give a damn what The Pope or any religious people think about it. If removing a soul from a person were not possible, then murder would not be possible, because murder releases the soul from the person. If we assume souls exist at all, then they are energy, which cannot be created or destroyed. That doesn't mean they can't be transferred to another host – and people who believe in reincarnation believe souls get new hosts all the time. I think that the soul acts as a conduit for information between the universe and the entity possessing the soul. The purpose of the soul is to let us download important survival information when we need it, and in an instantaneous fashion. I think the soul is connected to both our mind and our physical body, and may be part of what Deepak Chopra calls the intelligence of the body.

Ann: Can you explain that?

Kate: For example, when humans are in sudden danger, they get an extremely fast rush of adrenaline. This rush is so fast, science cannot account for how fast it reaches all parts of our bodies – the speed is literally in milliseconds and cannot be explained by blood flow or biological means. Many neurologists and mystics like Deepak Chopra are saying that the cells of our body have intelligence and communication we cannot explain with our current, limited view of biology. Our bodies can have sudden visceral insights of intuition that bypass our minds and brains. This action might be explained by the soul. If the soul can access the intelligence of the universe, and if the soul is a conduit for survival information, then the soul is an important tool for survival. I think the aliens think that possession of the soul makes the entity much more viable. For this reason I believe the Grays are stealing souls. I believe they are stealing souls from many missing human beings, and if animals possess souls, I think they are stealing animal souls as well. I think the soul may exist as a wave, a piece of quantum material that could possibly act as a wormhole for the transmission of information when the entity instantly needs it.

And: Let's assume you are right. This is a very scary scenario. Tell us about the black boxes.

Kate: In some of the nurseries, not all of them, I have seen these black boxes on the floor. The boxes are about 3 feet (1 meter) high; about 4 feet (1.22 meters) wide; and about 5 feet (1.5 meters) long. Looking at them or just walking passed them is literally painful. I don't want to get close to them because I feel this energy from them as if they are trying to suck something out of me. I first saw these black boxes during an abduction in 1992. A few years ago when one of the Harry Potter movies came out, they had these soul-sucking entities called Dementors trying to suck souls out of people. This is the closest depiction to how these black boxes make me feel. The material of the boxes seems to be extremely dense. They are dark, black-to-charcoal-gray in color, rough-surfaced, metallic, and remind me of iron ore or lead. Whenever I look at the boxes, I nearly burst into tears, because I can feel entities inside the boxes. I know those entities are souls that are in storage until they can be matched up to the appropriate hybrid in an attempt to make that entity more viable. When black boxes are in the room, there are also wide 12-foot (3.65 meters) columns with very large test tubes around them. These test tubes contain naked human beings who seem to be in suspended animation floating in clear gel. There is no red food in these test tubes – these humans are only being kept alive as long as necessary. What struck me about this horrific scene was that many of the humans were -- what some people might consider -- throwaway people. These are often people in Third World countries who are malnourished, crippled, deformed and probably are not living very easy lives on this planet. Ebenezer Scrooge would have called them the surplus population. I sense the aliens choose them not out of compassion to end their miserable lives, but because these people will not be missed in their societies, so the aliens can steal and murder them with impunity more easily.

Ann: The United States Department of Justice has statistics showing that over 43,000 Americans a year are missing. These people simply vanish and are never seen again. They never access their money in the bank, they are never seen in prisons, hospitals, or border crossings; they are simply gone. Our society doesn't talk about these people. David Paulides has written books about people disappearing from national parks under bizarre circumstances. I have long suspected that aliens were kidnapping or killing huge numbers of people.

Kate: I agree. Not everyone in these test tubes is malnourished or crippled. These test tubes hold an array of races, ethnic groups, and ages. When I saw these people in test tubes I knew they were only being kept alive until the soul was moved to a hybrid or maybe a clone. For some reason the soul will only stay in the black box as long as it's host is nearby. There are also big plastic tubes from the test tubes to the top of the black boxes. Somehow the soul is sucked out of the person in the test tube and into the black box. I think there is still a relationship between that person and the soul, and that person needs to be alive until that soul is transferred. I think that when the soul is transferred to a hybrid, the person in the test tube instantly dies. Under the test tubes holding the people, I saw seams in the floor. I had the impression that when a person dies the bottom of the person's test tube opens, the seams in the floor open, and the person's body is dropped below the floor – probably to be recycled.

Ann: I'm sure our government knows humans are being abducted and killed, and I think that is one reason disclosure is not forthcoming. Our government has no control over this, and they don't want to admit that they cannot protect us. Supposedly, Pres. Eisenhower made a deal with the aliens, that they could abduct a certain number of us. But I think the aliens have far exceeded that quota and now our government is powerless to stop them.

Kate, in Part 3 of our next edition, I would like to continue talking about what it is like being on board the spacecraft and maybe have you tell us a little bit more your impressions of alien biology.



RANDY S. SILVIA

A Statement from Starborn Support International

There are those in the UFO/Abduction Studies branch of Ufology, and Ufology in general who have been paying close attention to all of the recent unfortunate events happening in the lives of some of the most prominent alien abductees and contactees. At this point, it seems clear that “two plus two equals four,” meaning that there appears to be an intentional smear campaign being executed by unknown forces in order to ruin the credibility of experiencers in general.

The observant Ufologist will realize that this is history repeating itself. It has happened in the past to some of our greatest researchers seeking out the truth, but unfortunately getting too close. Recall in the mid 1990’s a smear campaign was put into play attempting to ruin the credibility of two of the most revered individuals in the field: Budd Hopkins, and Psychiatrist Dr. John Mack. Unfortunately, it seemed that Dr. Mack persisted in his efforts to chase down the truth, and we all know what happened to him. He got too close. We lost him soon thereafter. Also, recall the lies perpetrated by the late Carl Sagan earlier in history in the series “Cosmos” that attempted to discredit the Betty and Barney Hill Abduction.

Apparently, those who continue to thwart any efforts to expose the truth do not like the current “coming forth” of many abductees into the light of day – those who are willing and able to risk it all and tell their story, revealing the truth. They detest the increased interest the mainstream media has regarding UFOs, abductions and the truth regarding such phenomena. As a result, experiencers are being monitored: Phones are tapped, computers hacked, explicit threats made to the experiencers themselves, and sometimes those associated with them in an effort to intimidate them and promote fear and paranoia. This is not paranoia. With emphasis -- this is not paranoia! Many of we experiencers are reporting these activities, as well as other “scare tactics” that we are confronted with.

At the present time, we seem to be the focus of unknown forces, let us say “agencies,” using God knows how many resources, taxpayer’s dollars, and advanced technology to execute this apparent smear campaign. Again, as in the past, terrible things are being done to us, and right in front of the public’s eyes. One of the world’s most well known experiencer and abductee is being characterized as a terrible sexual deviant, and whether it be a true or false accusation, this might be considered the “kickoff” to the current smear campaign.

We ask that all of you in the field, and in the mainstream media and the public in general, take a step back and consider all of the evidence, both current and historical (perhaps all the way back to that fateful day in July of 1947 in Roswell New Mexico). Gather all of the facts. Notice all of the debunking efforts and debunkers. Look at the backgrounds of the abductees and experiencers: doctors, lawyers, laborers, psychiatrists, and yes, even Indian Chiefs. They are your normal, ordinary, average people who, through no will of their own are involved in extraordinary circumstances.

We implore you, the community of Ufologists and the public in general, do not pass judgment on anyone or anything at this time. Don’t forget the code of our legal system: “Innocent until proven guilty in a court of law.” Those that want to see our community crumble and fade have two potent weapons: fear and intimidation. Without these two swords of incredulity and extirpation they have no power. They will lose the chokehold they imagine to have on our community. In fact, we should, regardless of what community, race, religion or financial status we live in stand in opposition to these two weapons.

Experiencers: Please at this time be careful. This is a time to circle the wagons, and rely on 100% trust. If you feel the slightest amount of misgiving, then do not speak. Their desire is to spread chaos

and distrust among us. They want to keep us away from each other. Their goal is to drive wedges between us, obliterating our community. Remember there is strength in numbers. Protect your back; watch your neighbor's back. The truth is all that matters here.

In closing, a little food for thought: If we are lying and making up our experiences for fame and fortune, then why are most of us not wealthy? Where is the fame and adulation? Why has our secret government gone to such drastic measures and spent perhaps billions of your dollars to "rub us out," make us look like lunatics, and charging us with absurd and contemptible behavior and charges with no apparent evidence or proof (or, is it slander?). Why are they trying to suppress knowledge, and alter history?

But if we were to accuse them, we would adhere to the judicial system's motto: Innocent until proven guilty. We stand on neutral ground, and are aiming to protect our community as a whole, even those accused and currently in the public eye.

This is our position statement. Starborn Support is there for the people that embody the community of experiencers and abductees. For the People! We will not pass judgment, as a few others have already chosen to do. Why? Because despite whatever a person is charged with in our legal system, there is still a person hurting underneath. Even if they were never abducted, contrary to their claims, or whether they have never even boarded a city bus to get from point "A" to point "B," Their pain is real. They are being inundated with threats which in turn produce the two most powerful weapons the dark forces within our government possess: fear and intimidation. We as a community renounce the flimsy fantasy of power you wield, dark government. We stand strong because we feel we know the truth. You can bet all of your billions of foreign-owned gold bullion that we will make every American citizen aware of our plight, despite the price. We have a job to do and a mission to complete. It is all or nothing at all.

Sincerely,
The Starborn Support Staff and Affiliates in the United States, and across the World.

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Books on Abduction

Captured, Marden, Friedman

Fire in the Sky, Travis Walton

Witnessed, Budd Hopkins

Intruders, Budd Hopkins

UFO Contact at Pasacaguola, Mendez

Missing Time, Budd Hopkins

Abducted, Jean Ritchie

The Threat, Dr David Jacobs

Passport To The Cosmos, John Mack

Secret Life, Dr David Jacobs

The Alien Abduction Files, Marden, Stoner

Abduction, John E. Mack, MD

Close Encounters of the Fourth Kind, C.D.B. Bryan

411 Eastern U.S., 411 Western U.S., David Paulides

411 N. America and Beyond, David Paulides

Support Group and Researcher Directory

STARBORN SUPPORT

THE ALIEN ABDUCTION SUPPORT GROUP

Contact: aah3273@yahoo.com or call 774.766.2558

Starborn Support of Southeastern Pennsylvania

Starborn Support is an organization consisting of professionals, abductees and experiencers who have come together to fulfill a dire need: To render support and guidance to those who feel they have been abducted by alien entities, or who have experienced a traumatic close encounter. We are also available for family members and close friends who are affected by their abductees' experiences.

Starborn Support of Southeastern Pennsylvania is an affiliate of Starborn Support, and we are also dedicated to this population. We offer telephone support to individuals, and we broadcast weekly on the Blog Talk Radio Network. Our show is called "*Starborn Support Radio*." We broadcast live every Sunday from 8:00pm to 10:00 pm eastern time, and our purpose is to help alien abductees, experiencers, their families and close friends get the support they need and the information required to understand and assimilate their experiences and reclaim their lives.

We do this by providing our listeners with the most current, up to date information by hosting experts in the field of Ufology and Abduction Studies, and hosting actual experiencers and abductees who have decided it is time to share their stories, their lives and experiences in the hopes of awakening other abductees to come forward and share, moving out of the shadows and loneliness, feelings of rejection, and into the light to be counted.

Michael Austin Melton, M.S., Psy.D.
Director and Founder, Lead Therapist, UFOlogist
610-304-5493

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Is an organization devoted to the dissemination of trustworthy information about UFO abductions. The ICAR will provide accurate information to therapists and lay individuals who are interested in abductions, and help them cope with the variety of problems that arise from the use of hypnosis and other memory collection procedures. David M. Jacobs is the Director of the ICAR.

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NOTE: If you would like to have your Support Group listed please send your information to Journal of Abnormal Abduction Research to butch218@dejazzd.com

