



**J.A.A.R.** is an independent bi-monthly update that will deal with the various cases surrounding Abnormal Abductions & other related phenomenon. We are dedicated to investigating and understanding reported encounters. The Journal will feature writings from researchers both here and abroad. Case Studies, Landmark Cases, and Research Papers will also be in the Journal. Abduction Support Groups will be highlighted in the Journal, along with their contact information.

**Butch Witkowski**, UFO Research Center of Pennsylvania Director and Founder and Elaine Douglass, UFORCOP Utah Director had discussed many times the need for an outlet where both researchers and abductees can share information, and after many conversations and thoughts the Journal of Abnormal Abduction Research was born. It will be a bi-monthly publication posted on [www.uforcop.com](http://www.uforcop.com)

**J.A.A.R is dedicated to the memory of  
ELAINE DOUGLASS**

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# Abduction Phenomenon

The various aspects of the abduction phenomenon suggest one or another of these diagnostic possibilities, especially if one does not study the field too carefully. The difficulty is that each diagnosis fails to consider, let alone account for, several fundamental elements of the abduction experience.

## There are five dimensions that must be included in any possible theory.

1. The reports of abductees from all over the United States (I am writing only of the United States as cultural differences might modify this statement) are highly consistent with one another among people who have had no contact with each other. They include details that even now have not been reported in the media among people who come forth reluctantly, have nothing to gain and risk ridicule in speaking of their experiences.
2. There are important physical signs which accompany the abduction experience. These include independent reports by witnesses that the abductee is indeed missing for a time; nosebleeds and various cuts, scoop marks, bruises and other complexly patterned skin lesions, sometimes appearing on the bodies of several abductees simultaneously, and implants that can be felt under the skin following abductions even though none of these have been proven to be of non-biological or "foreign" origin.
3. Abduction reports occur in children who are too young to have developed the psychiatric syndromes listed above. A two-year-old boy that I interviewed said that he was taken into the sky by a man who bit his nose. A not yet three-year-old boy said that owls with big eyes (it is common for children to remember the alien beings disguised in animal forms) take him up to a ship in the sky, and he is afraid he will not be able to get back to his mother.
4. Although not every abductee sees the UFO into which he or she is taken, the phenomenon is consistently associated with sightings of unusual flying objects by the abductees themselves and other witnesses. One woman with whom I have been working was shocked the morning after an abduction, during which she did not see a UFO, to learn from the media that many people had seen one passing the vicinity of her abduction site at the time of her experience.
5. Psychiatric evaluations and psychological studies of abductees, including several of my own cases, have failed to identify consistent psychopathology. Abductees may, of course, suffer from mental and emotional distress as a result of their often traumatic experiences, and a few have been found to have accompanying psychiatric conditions. Many come from troubled family backgrounds. But in no instance has the emotional disorder provided an explanation for the abduction experience.

John E. Mack, M.D.

# QUESTIONNAIRES

## STARBORN SUPPORT ABDUCTION QUESTIONNAIRE

1. Have had unexplainable missing or lost time of one hour or more.
2. Have been paralyzed in bed with a being in your room.
3. Have unusual scars or marks with no possible explanation on how you received them (small scoop indentation, straight line scar, triangular marks, scars in roof of mouth, in nose, behind or in ears, etc.)
4. Have seen balls of light or flashes of light in your home or other locations.
5. Have a memory of flying through the air, which could not be a dream, or many dreams involving flying.
6. Have a strong "marker memory" that will not go away (i.e.: an alien face, an examination, a needle, a table, a strange skinny baby, etc.)
7. Have seen beams of light outside your home, or come into your room through a window.
8. Have had many dreams of UFOs, beams of light, or alien beings.
9. Have had a shocking UFO sighting or multiple sightings in your life.
10. Have a cosmic awareness, an interest in ecology, environment, vegetarianism, or are very socially conscious.
11. Have a strong sense of having a mission or important task to perform, sometime, without knowing where this compulsion is coming from.
12. Have a secret feeling that you are "special" or "chosen," somehow.
13. Have had unexplainable events occur in your life, and felt strangely anxious afterwards.
14. Have had several strange psychic experiences - such as knowing that something is going to happen before it happens.
15. For women only: Have had false pregnancy or missing fetus. (Pregnant, and then not)
16. Have awoken in another place than where you went to sleep, or don't remember ever going to sleep. (i.e. waking up with your head at the foot of your bed, or in your car)
17. Have had a dream of eyes such as animal eyes (like an owl or deer), or remember seeing an animal looking in at you. Also if you have a fear of eyes.
18. Have awoken in the middle of the night startled.
19. Have strong reaction to cover of Communion or pictures of aliens. Either an aversion to or being drawn to.
20. Have inexplicably strong fears or phobias. (i.e. heights, snakes, spiders, large insects, certain sounds, bright lights, your personal security or being alone).
21. Have experienced self-esteem problem much of your life.
22. Have seen someone with you become paralyzed, motionless, or frozen in time, especially someone you sleep with.
23. Have a memory of having a special place with spiritual significance, when you were a youngster.
24. Have had someone in your life that claims to have witnessed a ship or alien near you or has witnessed you having been missing.
25. Have had, at any time, blood or strange stain on sheet or pillow, with no explanation of how it got there.
26. Have an interest in the subject of UFO sightings or aliens, perhaps compelled to read about it a lot.
27. Have an extreme aversion towards the subject of UFO's or aliens - don't want to talk about it.
28. Have been suddenly compelled to drive or walk to an out of the way or unknown area.
29. Have the feeling of being watched much of the time, especially at night.
30. Have had dreams of passing through a closed window or solid wall.
31. Have seen a strange fog or haze that should not be there.
32. Have heard strange humming or pulsing sounds, and you could not identify the source.
33. Have had unusual nose bleeds at any time in your life. Or have awoken with a nose bleed.
34. Have awoken with soreness in your genitals which cannot be explained.

35. Have had back or neck problems, T-3 vertebrae out often, or awoken with an unusual stiffness in any part of the body.
  36. Have had chronic sinusitis or nasal problems.
  37. Have had electronics around you go haywire or oddly malfunction with no explanation (such as street lights going out as you walk under them, TV's and radios affected as you move close, etc.).
  38. Have seen a hooded figure in or near your home, especially next to your bed.
  39. Have had frequent or sporadic ringing in your ears, especially in one ear.
  40. Have an unusual fear of doctors or tend to avoid medical treatment.
  41. Have insomnia or sleep disorders which are puzzling to you.
  42. Have had dreams of doctors or medical procedures.
  43. Have frequent or sporadic headaches, especially in the sinus, behind one eye, or in one ear.
  44. Have the feeling that you are going crazy for even thinking about these sorts of things.
  45. Have had paranormal or psychic experiences, including intuition.
  46. Have been prone to compulsive or addictive behavior.
  47. Have channeled telepathic messages from extraterrestrials.
  48. Have simply heard an external voice in your head, speaking to you, perhaps instructing or guiding you.
  49. Have been afraid of your closet, now or as a child.
  50. Have had sexual or relationship problems (such as an odd "feeling" that you must not become involved in a relationship because it would interfere with "something.")
  51. Have to sleep against the wall or must sleep with your bed against a wall.
  52. Have a fear that you must be very vigilant or you will be taken away by "someone."
  53. Have a difficult time trusting other people, especially authority figures.
  54. Have had dreams of destruction or catastrophe.
  55. Have the feeling that you are not supposed to talk about these things, or that you should not talk about them.
  56. Have experienced many things in this list, and recall your children or parents speaking of similar experiences on occasion.
  57. Have tried to resolve these types of problems with little or no success.
  58. Have many of these traits but can't remember anything about an abduction or alien encounter.
- Contact Us! [aah3273@yahoo.com](mailto:aah3273@yahoo.com) or 774.766.2558

## **Kathleen Marden and Denise Stoner**

### **SECOND STAGE EXPERIENCER QUESTIONNAIRE**

Return your questionnaire to Denise Stoner at [dmstoner1@gmail.com](mailto:dmstoner1@gmail.com). Your identity will remain anonymous.

1. What is your area/s of professional expertise?
2. What is your educational level? Some high school( ), high school graduate( ), some college( ), Associates degree( ), Baccalaureate degree( ), Masters degree( ), Ph.D.( ), Post doctoral studies( ).
3. Did you grow up in a home with 2 parents( ), 1 parent( ), foster home( ), orphanage( ), other( )? Please explain.
4. What group/s of ETs have you observed? Grey( ), Hybrid( ), Insectoid( ), Reptilian( ), Draconian( ), Nordic( ), Tall White( ), Tall Golden( ), other( ). Please specify.
5. Have your experiences have been positive( ), negative( ), both positive and negative( ), neutral ( ).
6. Are you generally taken on a particular month or day of the month? Yes( ), No( ). If so, when?
7. Have you developed new talents or abilities for which you had no aptitude prior to being taken? Yes( ), No( ). If yes, what are they?
8. Are you ever forewarned that you'll be taken hours or minutes before it occurs? Yes( ), No( ). If so, describe the signs or symptoms that warn you.
9. Is the method of taking you to the craft different than in the past? Yes( ), No( ). If so, how does it differ and when did it change (approximate date)?

10. Have you been taken on a tour of the craft? Yes( ), No( ). If yes, describe the entity that escorted you and what you were shown.
11. Have you been taken over a number of years? Yes( ), No( ). If yes, please describe any differences you've noticed, if any, between the ET's past and present modus operandi.
12. Are you having more conscious recall of your experiences than in the past? Yes( ), No( ). If you answered yes, what do you recall?
13. Do you know why the ETs are taking you? Yes( ), No( ). If yes, why?
14. Has your close biological relative been taken? Yes( ), No( ). If yes, who?
15. Are you experiencing new pain that you believe is the direct result of your contact experience? Yes( ), No( ). If so, please state where it is and describe it.
16. Do you think your experiences are physical or non-physical? Physical( ), Non-physical( ), both( ). Why?
17. If you could stop your experiences, would you? Yes( ), No( ). Why?
18. Have you been taken in your vehicle and relocated? Yes( ), No( ). If yes, please describe the incident and indicate whether you were driving in traffic or on an isolated road.
19. If you were taken from your vehicle and experienced missing time, was someone waiting for you to arrive within a specific time period? (Yes( ), No( ). If yes, how long was your missing time event?
20. Do you feel there is some sort of grand plan in motion that experiencers are all a part of? Yes( ), No( ). If so, explain your thoughts on this.
21. Are you aware of having been given information by the ETs, but can't recall what that information is? Yes( ), No( ). If so, does anything occur when you attempt to force this memory to the surface?
22. Do you ever notice physiological evidence that signals you that you might have been taken? Yes( ), No( ). Is yes, what evidence?
23. Are you able to withstand unusually rough or dizzying motion without developing motion sickness, especially when others around you are ill? Yes( ), No( ).
24. Have you developed an unusual reaction to heat or cold that is not related to an illness? Yes( ), No( ). Explain.
25. If you could choose a temperature range you would be most comfortable living in, what would it be? (Example – 73-78 degrees.)
26. Have you developed a fear of drowning that you believe is related to an abduction experience? Yes( ), No( ). Please explain.
27. Have you ever been submerged in fluid on an ET craft? Yes( ), No( ).
28. Have you developed a muscular Yes( ), No( ), or neurological Yes( ), No( ), disorder that you believe is related to your abduction experiences? If yes, please explain.
29. Do you believe that your sense of direction has changed due to your abductions? Yes( ), No( ). If yes, how?
30. Have you noticed that you can find your way more easily under water than previously? Yes( ), No( ). On land? Yes( ), No( ).
31. Have you experienced pain while on an examining table in a craft? Yes( ), No( ). If so, what caused it?
32. If yes, was your pain relieved through ET intervention? Yes( ), No( ). If yes, how?
33. Have you ever received a formal medical diagnosis of ADD or ADHD? Yes( ), No( ).
34. Have you ever received a formal medical diagnosis of Asperger's Syndrome? Yes( ), No( ).
35. Have you been diagnosed with thyroid disease? Yes( ), No( ). If yes, is it hyper or hypo? Hyper( ), Hypo( ).
36. Do you have increased sensitivity to prescription medicines? Yes( ), No( ). If yes, please describe those reactions/medications.
37. Do you feel that you are ill as a result of being on an alien craft or of being medically "tested" by an alien being? Yes( ), No( ). Please explain.
38. Do you have other physical or physiological effects that you believe are directly related to your experiences? Yes( ), No( ). If yes, what?
39. Do you have a blood clotting disorder? Yes( ), No( ). If yes, what?
40. Do you recall being involved in an alien breeding program? Yes( ), No( ). If yes, what type of alien do you feel was involved? Describe what you observed.

41. How many children do you have? ( ) Were they born before or after your abduction(s)? Before( ), After( ).
42. Do you have memories of ET involvement or facilitation in your pregnancies or your partner's pregnancies? Yes( ), No( ), N/A( )
43. Do you have a gifted child that you believe is the result of ET intervention? Yes( ), No( ) If so, what gift/s does your child have?  
>Females Only (If you are comfortable responding to this please give as many details as you are familiar with.)
44. Have you had missing fetus syndrome that you believe is related to alien abduction? Yes( ), No( ), not sure( ).4
45. Have you had a hysterectomy (removal of uterus)? Yes( ), No( ). Reason for this surgery?
46. Have you had an oophorectomy (removal of one or both ovaries)? Yes( ), No( ). Reason for this surgery?
47. Describe any unusual problems leading up to the surgery that might have been caused by ET involvement.  
>Males Only (If you are comfortable responding to this please give as many details as you are familiar with.)
48. Have you developed any unusual reproductive difficulties that you believe resulted from an experience on the craft? Yes( ), No( ). If so, please explain.
49. Were your reproductive years ended sooner than you hoped for? Yes( ), No( ). If so, what do you feel the reasons were?
50. If you feel you were a part of an alien breeding program, what particular type of alien do you feel was involved in this human/alien experience? Describe the aliens you are aware of.
- Our hope is that your answers will support other experiencers and help to solve the ET mystery.

Sincerely,  
Denise Stoner and Kathleen Marden

## Informed Consent Form

This informed consent form is for individuals who have experienced alien abduction and who wish to participate in completing a questionnaire designed to identify commonalities among experiencers. Abduction researchers, Kathleen Marden and Denise Stoner, are inviting you to participate in these fact finding questionnaires. We have been providing support and insight into the alien abduction phenomenon for a combined total of more than 42 years. Our goal on the first questionnaire is to identify alien technology that experiencers have observed on the craft. The "Second Stage" questionnaire provides experiencers and the UFO community information about the unique constellation of demographic, experiential and medical commonalities that experiencers share. These questionnaires can benefit experiencers by demonstrating that they are not alone. Those who have already completed the form have stated that they viewed it as a positive experience. However, we wish to caution you to be sensitive to your own emotions. If recalling your abduction memories is distressing, we advise you not to participate in these questionnaires. Participation is purely voluntary. We are asking you to help us learn more about commonalities among experiences. You do not have to share any knowledge or experience that you are not comfortable sharing. You do not have to decide today whether or not you wish to participate in filling out these questionnaires. You may wish to return to them at any time. Completing each questionnaire will take approximately 15 minutes of your time. You can send them via email or via US mail. Specific instructions are listed on the top of each questionnaire. You may contact Kathleen Marden at [Kmarden@aol.com](mailto:Kmarden@aol.com) or Denise Stoner at [dmstoner1@gmail.com](mailto:dmstoner1@gmail.com) with questions and we will do our best to answer them to your satisfaction.

Our goal is to protect your anonymity. No one will be identified by name. Any personal information that you volunteer on the form is confidential and no one except Denise Stoner and Kathleen Marden

will have access to your personal information, if you decide to include it on the forms. However, you may choose to remain completely anonymous. Completed questionnaires will be tallied and locked in a secure location.

Sincerely,  
Kathleen Marden and Denise Stoner

## Case Study Part III

### Abductee Interview by Ann Castle

*Kate Part 3:*

*Ann Castle is a UFO and abduction investigator and researcher. She has been investigating the UFO phenomenon for over 25 years. This is a transcript from a series of interviews from an abductee, "Kate," who wishes to remain anonymous. Kate is a single, white female in her 40s, who works in the financial field. She is a lifelong abductee who has worked with Budd Hopkins and Derrel Sims. Kate has had several missing fetuses, severe endometriosis, and paranormal experiences associated with her abductions. (Copyright 2014: all rights reserved.) This is Part 3 of Kate's experiences:*

**Ann:** In this edition of your experiences, I would like for us to continue talking about the alien spaceships and what you know about their biology.

**Kate:** What is disorienting about the spaceships is how they morph and change when you are in them. We covered that in part two, but one of the things I would like to touch upon now is that I sometimes saw things on board that were just very peculiar. Before, I talked about how they would give me IQ tests, which are more like guessing games and memory tests, and tasks on psycho-kinesis. One of the objects they use to test my psycho-kinesis was a large wooden board, sort of like an old-fashioned, portable blackboard. It seemed to be made of light colored oak wood and it looked very out of place on the spaceship. It had wooden supports on each side of it, and the board could pivot into different angles. It had few nicks and marks on it and looked like it was taken from a university 60-years ago. But instead of the blackboard part, there was a square, oak board with different shaped holes cut into it, like circles, half-moons, stars, octagonal shapes and so forth. At the bottom of the board was a wide tray, which contained different wooden shapes. The idea was to insert the correct shapes into the correct holes as quickly as possible. There are toy versions of this gadget for babies to play with. The difference was that I was on a spaceship and sitting in a chair about 9 feet (3 meters) from this large board. Beyond the board was a large window and I could see stars. I was on a raised platform, and I was supposed to insert the shapes into the holes with my mind. It was very difficult, and each time I was convinced I could not do it, my handler would be telling me I could, and that I had done it before. When he said that, I would have a vague memory of actually having done it before. At some point something would shift in my brain – a psychological shift, not a real shift – and I would be able to do it. My handler would be very pleased when I could then insert the shapes into the holes correctly. During these board tests, behind me there would be several types of aliens: the grays, a couple Reptilians, a praying mantis, and some kind of gaseous being that was just a form of gas – white gas – that hung in the air, but it had intelligence attached to it. I knew it was a conscious entity and seemed to be one of the nicer beings there. What startled me a couple of times when I was tasked with putting the shapes into the board, was that I saw several humans there as well. These were middle-aged men in United States Air Force and United States Navy officer dress uniforms. This was when I knew for sure that our government is involved in many of these abductions, and it made me angry.

**Ann:** What could be some of the reasons the government would be involved?

**Kate:** I think they are working with the aliens to see what capabilities abductees have. The government may be interested in how many of us are evolving paranormal talents. Perhaps there is some agreement between the aliens in our government that our military gets to monitor what is going on in some abductions. If the aliens are tinkering with our gene pool and our bodies, then perhaps the government is as well – or at least monitoring what the aliens are doing. Plus, it is very possible that abductees are being used as Manchurian candidates, and being given a mind program that could activate in the future. This thought scares the hell out of me.

**Ann:** You're implying that abductees could be used to do some action en masse according to the aliens' agenda. If that is the case, it will not go well for humankind.

**Kate:** That's right. Of course, we could be programmed for a revolt and then humans would just gun us down.

**Ann:** Tell me more about the gaseous being you just mentioned.

**Kate:** There are entities with intelligence that exist in a state of gas. I felt curiosity from them. They looked like white smoke, about a half-meter to a meter in size. They were just floating behind me, along with the rest of the observers.

**Ann:** What interest could gaseous beings have in our very physical world?

**Kate:** I have no idea. It didn't make sense to me, but I definitely felt intelligence and consciousness from them – a high degree of intelligence, in fact.

**Ann:** Let's get back to the spaceship. In earlier editions you described the spaceship inside, how the whole thing morphs and changes shape according to telepathic commands. Have you seen any rooms with special purposes?

**Kate:** Yes. There are the soul rooms as I called them in Part 2, where human souls are stolen and stored in black boxes. There are the examinations rooms, which look very similar to the examination rooms in gynecological offices. The rooms are different sizes; I have been in some rooms that were huge with many examination tables and bright white lighting, and I have been in some that were small, like a doctor's office with only one examination table, and where the room was not as bright. The examinations tables have the stirrups, but the tables are smaller, lower, and all one piece. They seem to be made of stainless steel and have no padding or sheets on them. The grays don't really care about our comfort, and as I said before, the rooms are cold, about 55 degrees Fahrenheit (13 degrees Celsius).

**Ann:** Do you feel comfortable talking about some of your physical examinations?

**Kate:** Not in detail. I'll talk about some of the instruments. When I was very young I remember seeing a very long thin aluminum colored needle that they put in my right nostril. I heard a popping noise and it really scared me. I remember trying to move my head and I couldn't, as if it was locked in a vice. Then there was a burning sensation up my nose. Decades later, when I was an adult, I suddenly had a very itchy nose and I kept sneezing. Finally in a sneezing fit this little thing popped out. It was white-silver colored, mostly rectangular in shape but it flared out and was wider at one end, and the opposite end came to a little point. There were two tiny wires out of the bottom corners and two tiny wires out of the top point. The whole thing was less than half a centimeter long. It had tiny holes through it and there was a little bloody, pink flesh attached to some of the holes. My nose bled a little bit. I rinsed the object off and put it on my bathroom vanity. I intended to send it to Derrel Sims the next day. After my nose stopped bleeding, I went to bed, and the next morning the object was gone. Another instrument I remember seeing on board at first looked like a long glass stick, almost like a thin thermometer. It seemed to be glass but then I realize it was a laser light. It kept changing colors. It was one of their telescoping lights that might be plasma light. They would



insert this into my navel. I have had some surgeries for my endometriosis that were done with a laparoscope and they would insert the laproscope in the same place in the bottom half of my navel. However on two occasions when the aliens had worked on me, the incision did not heal immediately. One morning I woke up with blood on my stomach and sheets. Another time I did not know I had been abducted, and I was in a meeting at work wearing a nice suit. I felt something wet on my waistband and I was bleeding from the stomach. I had to go to the restroom and try to stop the bleeding with pressure and paper towels. My suit was so stained I had to tell people I wasn't well, as I casually held my hand over my belly. I could not explain a sudden 4-inch blood stain. I went home and put ice on it to stop the bleeding. The blood ruined my suit.

Ann: Why didn't you go to the doctor or to the emergency room? I mean, bleeding from the navel is pretty unusual.

Kate: Because if they found an incision there they would think I had tried to stab myself, or something like that. I had no explanation for having an incision there. I knew the aliens had done it, but I didn't think it wise to walk into a hospital emergency room claiming that aliens cut me open – not a good idea – especially since I had no physical proof. They would lock me up and throw away the key.

Ann: Previously, you had told me about their strange eyes.

Kate: Everyone knows their eyes are hypnotizing, but I think most of these entities –at least the worker-bees as I call them -- are part biological and part mechanical. I have been on an examination table, with one of the grays looking down at me, and if he moved his head a certain way I could look into his eyes at an angle. The eyes seem to have several layers of glass-like material, and I think the outer part is some kind of shield, like built-in sunglasses. From certain positions, I could look into their eyes at an oblique angle, and see a red or cerulean blue light blinking at the inner corner of their eyes. It would seem to be the same light that changed from red to cerulean. It reminded me of the blinking light on my security cameras at home. I think their eyes may also serve as cameras to record information that is probably stored somewhere. If we think about the fact that a vast alien culture can make spaceships and possess amazing technology, then they probably have a centralized government *somewhere* that may be interested in all the data the worker-bees gather, including everything they see.

Ann: Do you know how they eat?

Kate: Once while on board, I was escorted past a large room and with lots of aliens in it. They were rubbing red gel on their forearms and I sensed they were feeding. I paused for a second to watch them, thinking this was a sort of cafeteria. My handler was patient with me and let me watch. The room was dim, and others were standing in small glass enclosures that reminded me of small shower stalls. I think they were undergoing some kind of cleaning process. There was a bad odor from the room that I associate with them. The odor smelled like raw blood mixed with old carrots, or moldy canvas, or old mushrooms. I think they eat and excrete wastes through their skin. I've noticed that the aliens that seem old to me, like my handler, have mottled skin tones of different shades of gray, whereas the worker bees or younger aliens have a solid medium-gray skin tone. I think the color changes according to their health and their cellular metabolism and functioning. I think that as they age their metabolism breaks down, and their health is literally reflected in their skin. I believe the red gel may be a mixture of blood and organic matter, like mushrooms. I wonder if aliens taking blood were the beginnings of the various vampire myths throughout the world, and the blood-drinking rituals many ancient cultures had. Maybe some aliens had come here, dominated a society, and demanded blood for the gods. I wonder if these same aliens do animal mutilations where they only take the blood and not use the animal. Maybe they cannot digest protein as we know it?

Ann: That is a lot of assumptions to which we will never know the answers. Assuming you are correct and they are doing the animal mutilations for the blood, why would they also take parts of the animal such as the jaw eyes and sex organs?

Kate: I don't know, but I've thought about it. The organs they take are often the parts of the animal that regenerate and heal very fast. The eye is the fastest healing part of the body and the mouth and sex organs heal quickly, too. Maybe they are studying cellular regeneration. Or, the organs might be used in their breeding programs somehow. I think they are experimenting with large mammals as incubators. One time while I was in my 30s, I had been on board for a procedure. They were walking me back to the anteroom presumably to beam me back home. My handler was with me and I was asking him if I was going to be pregnant again: he wouldn't answer me, which was an answer in itself. I began asking him about the breeding program -- I was trying to find out what they were doing, but he wasn't going to tell me. We were walking down one of the dark spongy hallways when I heard a cow mooing! I asked him if there was a cow on board. He telepathically answered yes and asked if I wanted to see the cow. I answered yes -- I mean, how often do you get a chance to see a cow aboard a spacecraft? I wanted to know what they were doing with it. He seemed amused by my curiosity, created a hallway for us, and took me to the doorway of another room. It was a small room about 3 x 4 meters, dim, and lying on a steel table on her side, was a black-and-white cow, a Holstein, I think. One alien was at her head and holding her still in a sort of a trance, so she wasn't struggling, but she was still moaning and her eyes were wide open. Other aliens were at her lower belly. They had cut a vertical slit in her lower belly. There was a little blood dripping onto the floor, but there was not as much blood as one might expect. I heard a hissing sound and the blood was disappearing into the floor like a vacuuming system. They removed a large pink sack from her belly. I started getting queasy. They split the sack open with a red laser light and turned part of it inside out. There were dark pink, suction cup looking things on the inside of the sack, and attached to two suction-cup things were two clear sacs, that looked like plastic bags. Inside the bags were two, fairly well-formed human hybrid babies, that looked larger and more human than the hybrids in the tanks I had seen earlier. They cut open the clear bags, and lifted the fetuses into a plastic tub that was sitting on ledge on a wall. There were no umbilical cords. I heard a sliding noise, an opening appeared in the wall, and the ledge with the tub disappeared into the wall. The abomination of it all made me feel faint. I'm not one of those people, who pass out often, and maybe it was the combination of my own procedure and seeing this horrific thing, but my knees buckled and I went down. Before I passed out I saw they were using a red laser light to close up the pink sack. I think they put it inside the cow again but I didn't see that part -- I mean, if they were just going to kill the cow, why bother to close up the sack? The next thing I knew it was morning and I woke up in my bed. I wanted to believe it was a nightmare, but for one thing I am a very lucid dreamer and always know when I am dreaming -- especially when it is a nightmare or a bizarre dream. I have been a very aware and lucid dreamer my whole life -- I didn't have to learn how to dream lucidly. This experience didn't feel like a dream and I didn't remember dreaming it. The image of the poor cow haunted me for months, and even now, over a decade later, very time I drive by a cow or hear a cow moo, even on television, I think of that incident -- even those fake black and white cows on the Chick-fil-A commercials will bring up that memory.

Ann: That's a pretty incredible story, and assuming it's true they may be using large mammals for breeding on a large scale. If they have the technology to perform a caesarian-section on a cow, and seal the wound quickly, they may be using the same animals over and over, as they do with some women.

Kate: As I thought about the cow, I wondered if there was a specific reason for using a mammal incubator for some human alien hybrids. Maybe hybrids that are more human don't do well inside of the test-tube incubators I described in Part 2. Maybe *which* environment they use depends upon how much genetic material is from each side. For example, if the fetus is half human and half alien, maybe the test-tube incubators are adequate; if the fetus is three quarters human and only a quarter alien; or seven-eighths human and one-eighth alien, maybe it needs a mammal gestational environment. The fetuses I saw from the cow were bigger than the ones I saw in the incubator, and they looked much more human. The fact that they looked so human was one reason I was so shocked and disgusted. This incident also makes me question how many human women are walking around gestating a baby that may be part alien. Are human women giving birth, loving and raising a child they think is pure human when it is not? What is the impact of this over a generation or two?

Anyway, since that time, my handler has not shown me many things on the ship. He must know it upset me. Prior to that, if I expressed interest in something he might show it to me, but after that I don't remember seeing strange or interesting things.

Ann: What you think the aliens are doing with their hybrids breeding program?

Kate: I think they could be doing several things, but of course I don't really know. I think they are a very old race and that they are having a hard time reproducing, so they are using our genetic material. I think they are taking over this planet by interbreeding, and populating the earth with their hybrids. I think this is happening on a huge scale. I also think that there is a lot of evidence to support the idea that aliens were on this planet tens-of-thousands of years ago and interbred with us then. I think that this planet was seeded with humanoid life forms and had several models, with homo sapien being one of them. Certainly the work of Giorgio Tsoukalas on the *Ancient Aliens* series, and the work of Michael Cremo with his forbidden archaeology studies, all support the theory that at least one race of aliens have been interacting with humans for thousands of years. There are gaps in human evolution that cannot be explained and sudden changes in our genetic material that cannot be explained by evolution. Supposedly our genetic material has changed about seven percent in the last five-thousand years – that is a very fast rate of change, and much faster than one could account for by mere evolution.

Ann: You said that after the cow incident that you were not shown any strange and interesting things after that. What are some other interesting things you have seen on board that you haven't talked about?

Kate: When I was a child, back when I was so young that I wasn't afraid of the aliens, I remember seeing what we would now call a computer mouse ball. This was a gray ball about two inches (4 cm) across, and inset into a control console. My handler let me touch and move the ball around and I understood it was used to indicate direction and control something. Nothing happened when I moved it around, but I thought it felt interesting – I sensed an intelligence connected to it and it was *letting* me touch it. I also thought it had the ability *not* to let me touch it, and that it could seriously hurt me if it wanted to. There is no need for computer passwords on a spaceship! The craft itself will kill you if it wants to, I know this to be true. The console mouse ball I saw was years before mouse-controlled computers were even invented. Another interesting thing is I am very sensitive to feeling energy when I am aboard; it is like a static electricity I can feel on my skin, and there is often a faint humming noise. On one of my tours with my handler, again, when I was very young, I was aboard a smaller craft, maybe ten meters across. It was one large room and in the middle was a core that ran vertically from floor to ceiling. On the outside perimeter of the craft, was a ring that was a few feet beyond the walls of the craft, kind of like the rings surrounding Saturn. There were windows all around the walls and I could see the ring, which was about 2 meters wide and amber colored. My handler put an image in my head of energy running clockwise inside the center core and counter-clockwise on this outer ring. I understood that this somehow powered the craft. When I was older and learned a bit more about magneto energy systems, I realized that particular ship ran on an anti-gravity machine. I now believe that the outer amber ring can also act as an invisibility shield, by bending light around the craft into a light spectrum our human eyes cannot see. I think that many smaller craft fly around our skies all the time and no one sees them. Animals may see them, but not be able to tell us what they see.

Ann: Four years ago I had the opportunity to borrow third-generation night vision goggles; I lay on my back on the ground in the Arizona desert, and stared up at the sky. I watched all different shapes of things flying around up there, from egg-shapes, balls, cylinders, large triangles, all of which moved at different speeds and altitudes. I was amazed at the dozens and dozens of vehicles I saw with the night-vision goggles that I could never see with my naked eye, or even my telescope. Is there anything else you want to add about your experiences on aboard spacecrafts?

Kate: No. Next time I would like to talk odd occurrences I've had in my daily life that I think were alien or men -in-black related.

# AMP

**The Ambient Monitoring Program (AMP) is a scientific research project that MUFON fully supported as a member of the UFO Research Coalition (URC). The other members of the coalition are the Center for UFO Studies and the Fund for UFO Research. For five years the UFO Research Coalition actively operated the project with basically two years devoted to instrument development and three years devoted to data collection. The project ended in 2008. More on the AMP project in the 4th issue of the Journal of Abnormal Abduction Research, J.A.A.R.**

## Encounters with Non Human Intelligences.

*Exploring the New Paradigm. The connection to the non physical realm and dimensions of “soul.”*

By Mary Rodwell, Director, ACERN

### Part I

**“I believe we are trying to explore a MULITVERSE through the eye of a needle.”**

**The human connection to extraterrestrial and inter-dimensional intelligences**

**This two part article discusses my therapeutic model and researchers perspective from working with 2000 individuals in Australia and globally.**

**Part 2 explores the complexity of this phenomenon. It asks if our present model of space-time is too limited. It brings into question how we understand ourselves, and our reality, and what is the nature of human consciousness or ‘soul.’**

### *Broadening the mandate:*

The majority of the public and many researchers believe Contact or encounters with extraterrestrials are defined through two, very limited windows of experiences. The Abduction scenario, when the individual may feel paralyzed, abducted in a trance, sleep-like state on-board a spacecraft. Second is the contactee, who appears to have almost full conscious recall of their Encounters. My research suggests a third, far broader category, more prevalent and less physically intrusive. It encompasses some of the above, but embodies more subtle patterns of experience. If we broaden the mandate to be inclusive of this third category, we stand to gain a more complex, but far more compelling picture of Contact, which can offer us a better understanding of how and why these intelligences are interacting with us as a species.

For this article I will explore Encounters from all the perspectives mentioned above and ask why research with “Experiencers” i.e. Individuals having interactions with non-human intelligences, offer such diverse and conflicting data. What approach is the best for the Experiencer seeking answers and verification of their experiences? The benefits of a holistic approach to gathering data. Misconceptions about information revealed by hypnosis. And ask the question is the “extraordinary data,” really confabulation, or fantasy? Or is it demonstrating a broader reality, exposing us to multi-verses of which new science explores as possible hypotheses to understanding the nature of reality.

The testimony from Experiencers, challenges not only consensus reality, but our dearly held religious and spiritual beliefs. It demonstrates an intimate and complex association with extraterrestrials, and possibly beings which we understand to be inter-dimensional, and possibly ‘intelligences’ from a future time. If **this**

is possible then our ‘interactions’ span both space and time, and include multi-dimensional realms, such as dimensions of soul.

### **The broader context of encounters, and what makes Contact real?**

It is my belief the extraterrestrial encounter, when it occurs consciously, or in an altered trance state, and involves a communication with non human intelligences, and subsequently changes the perceptions and world view of the individual, is Contact. Although the term abductee and contactee are synonymous with extraterrestrial encounters, and accepted in the public mind. In my opinion the third category is far more widespread. It is subtle, part physical and can be experienced in an out of body or dream state (OBE) where the interaction and encounter can be physical but also can encompass what we would term the spirit, astral or soul body/essence of the individual. The OBE (out of body) Contact, cannot be confused with normal dreams, despite its dream like quality, primarily because it can be easily recalled, months or years later. Normal dreams however, are soon forgotten, within seconds or minutes after waking. Communication in the ‘dream state,’ and also when the individual is conscious, is usually telepathic, and sometimes experienced as downloads of data. These individuals generally do not seek conventional help, despite feeling isolated, they are fully cognizant such experiences, if vocalized, may incite ridicule or at worst a psychiatric label. A big difference between these Encounters is the Abductee may feel angry, traumatized or victimized, but the third category of Encounters feel the opposite. They may feel their human species is alien, and the extraterrestrials are their ‘real’ family. They experience a devastating sense of isolation. Appalled by the primitive, destructive behavior of the human species, and cannot relate to this aggressive behavior or the materialistic lifestyle. I use the term, ‘Homo Noeticus’, The New Human, or Star Children, for this third category. However, what all types of Encounters have in common is their interaction in most cases is transformative in their lives. The experiences and awareness it brings challenges their consensus reality, the Encounters act as a catalyst and triggers awareness of their multidimensional nature, and changes their lives, and perceptions of reality forever.

### **The open mandate. Exploring the matrix.**

*“Just observe, drop all your pre-conceived categories as best you can, and just collect raw information. Don’t even use words like happened or didn’t happen, exist or doesn’t exist, inside outside, real or unreal, just put that all aside and collect raw data”.*

Thomas Kuhn, Author, *The Structure of Scientific Revolutions*, (1962)

Thomas Kuhn’s approach may be controversial, but I believe he is correct in how we should explore this phenomenon. We are attempting to understand something profoundly complex, through a limited and prejudiced window of human experience, the subjective human lens, limited by human programming. We do not have the information available to assess some of the data from our present consensus reality. If we wish to understand ourselves, these experiences, the complex psyche, methodology and programs of many different ‘intelligences’ visiting this planet who are potentially years, or centuries ahead of us in technology and spiritual awareness. We have to be open to what we don’t know, and collect ‘raw’ data. By raw data, I mean information which may not fit into the consensus reality or present scientific models. Unedited data collated without personal bias and simply documented without prejudice, or leading questions.

If we are open to exploring this ‘raw data,’ as potentially valid information and despite its controversial nature, from all forms of Encounters, we may gain a clearer understanding of what we don’t know. Extraordinary data has been uncovered by many researchers and therapists, but can be dismissed as confabulation or a product of over active imagination, simply because it conflicts with our present consensus reality. My difficulty with this approach is simple; it supposes we know what we don’t. In our ignorance, we have to question if we are capable of judging what is valid or has integrity! The open mandate allows for exploration of unedited data with the potential to offer greater understanding of this human experience, but also provides new information about who we are, and the true nature of personal reality. The veracity of the data presents in the form of consistent patterns of experience, when sourced by hundreds or thousands of psychologically sound individuals. I propose it would be unscientific not to collate and research any patterns of experience no matter how diverse, extraordinary or unusual. As a researcher and therapist, working with over 2000 cases, I discovered my client’s accounts have challenged all my dearly held beliefs, just as it challenged theirs. I learnt, if I was to explore uncharted

waters, I had to first acknowledge how little I know. Otherwise I may be inclined to accept only data that complied with what I know, and in my ignorance, throw the proverbial ‘baby out’ with the bathwater. The open mandate approach proved to be the most useful, not only as a researcher but it offered the client permission to explore whatever their conscious and subconscious revealed without fear of judgment. It also gave them an opportunity to gain new insight and understanding, for their healing and integration. This freedom to explore openly was facilitated by them knowing I was totally open to whatever they vocalized, and not interfere or judge either them or the information revealed.

### **Conscious and subconscious recall of Encounters.**

#### **Can the subconscious ‘if allowed’ tap into what may be the true nature of reality?**

Conscious recall of experiences has generally been accepted to have more validity in the eyes of the public and most researchers. However I query this supposition and question if this is really accurate. I believe conscious recall may actually offer a limited, edited account of events, because it rejects anything which challenges consensus reality or its programming, and may even edit out data. Subconscious information however has no such limits, and will reveal information without this filter. Author of *Abducted* and *Passport to the Cosmos*, Dr John Mack, a renowned, and respected, former Harvard Professor of Psychiatry believed subconscious data revealed through hypnosis was far more accurate than conscious recall because we automatically filter what we cannot accept. His belief the subconscious reveals is far more accurate. After performing many hypnotic regressions I concur.

Conscious recall is extremely helpful, but can still offer a limited account of what may have occurred., once again because it will edit out any event that maybe traumatic to the psyche. Hypnosis, however allows for unedited data to surface. Although, hypnosis, like any tool, can be misused, and relies on the professional understanding, training and integrity of the facilitator. In skilled hands is an excellent tool, and offers an invaluable window into the human psyche. If as facilitators we can suspend judgment when information is revealed this way, we have the opportunity to learn more about human experience in this realm and other possible realities. If we remain open to what we don’t know, we can avoid throwing ‘the baby out’ with the bathwater.

But many argue how can we verify the ‘integrity’ of such extraordinary data, when it challenges what we call consensus reality. However even though the Experiencer, will from a conscious level be conflicted by this information, at some deeper level it often ‘resonates’ and makes sense, it resonates. By this I mean, it creates an emotional or bodily response to this data, a gut feeling which feels right to them. Further validation of such experiences may be corroborated by other individuals which adds further tangibility to the data.

As a researcher I have used a similar model to Professor Dr John Mack, who has stated on numerous occasions, that we can seek patterns of experience, and if a significant number of individuals vocalize the same data, independently, then it must have some integrity, and should be explored, and collated.

#### **Conflicting hypotheses, why is this?**

There are so many varied and conflicting hypotheses in regards to our understanding of Contact. I believe this stems primarily from the focus and level of research. For example, researchers who only accept conscious recall as valid, and discount data revealed by hypnosis.

The other variables:

- \* Evaluation of what constitutes ‘acceptable’ data.
- \* Inexperience of the researcher or therapist.
- \* The depth of the enquiry or focus.
- \* The type of questions.
- \* Disinformation by covert black ops.
- \* MILAB abductions. (See notes at bottom of this article).
- \* Researchers with a personal bias or agendas.

*See article (2011) by Carol Rainey. The expose of two previously highly regarded researchers. Rainey exposes their unprofessional approach to collating of data and treatment of individuals. Consequently, provide damaging and erroneous conclusions.*

### **Awakening (Chapter 6; ) Who can I trust to help me?**

The Experiencer faced with sourcing help for their experiences at present has a very limited resource base. The research field of Ufology has had more than its fair share of incompetence, primarily because it draws to it, well meaning but amateur enthusiasm, but many with few skills to offer. Many Ufologists treat this as a fascinating 'hobby' but not as their primary work, as it just doesn't pay the bills. We do it due to a passion for truth, and to help those involved. Academia and in most professional circles for the most part debunk this phenomenon, least publically. Ufologists know without the resources open to society in general we have little or none. It means support for the Experiencer is minimal, often amateur and often inadequate, because of the dearth of professional resources, particularly those with professional therapeutic skills able to offer emotional and psychological support. They also need to be aware the researcher may not have the understanding and skills they need to support them. And this has led many experiencers to feel 'let down.' When those needs are not met. So the experiencer faces a minefield in terms of finding the support they need.

The researcher and therapist/researcher. Who will suit my needs?

In my book *Awakening* I tried to answer as many of the usual questions. One important one was who do I go for help with my experiences. As many had important 'sightings' of craft they often connected with a researcher to begin with. This is fine if that is all you need. But what I have discovered is that many 'sightings' often suggested more was going on with the individual than seeing the space craft. A high number also had encounters. This brings in a new dynamic and one the experiencer needs to understand so they obtain the correct support. I explain a researcher primarily will use scientific protocols and scientific models of reality, to decide what is tangible and acceptable data. This protocol may accept, exploration of scenarios, such as type of beings etcetera, to prove that the encounter occurred. However, this is limited protocol and without further exploration, can leave the individual feeling 'victimized,' or worse, re-traumatized, with little or no understanding of why they are being visited. I have met numerous individuals, who years later cannot speak about their encounters, without pain and fear, because of this approach. However the therapists primary focus is on active listening, the clients feelings, psychological state to offer 'tools' to help with integration and healing. It allows for exploration of less quantifiable data, even as it may challenge present beliefs with alternate perspectives. This can open the way to healing, acceptance and integration.

### **Exploring the multi-verse.**

The Encounter phenomenon challenges us to expand our 'consensus reality,' to be wise enough to accept we don't know what we don't know. Cognizant, our present understanding of reality is being framed by a science in transition. Concepts such as Quantum Reality, the Holographic Universe, Unity Consciousness, theories which suggest everything is interconnected through consciousness. A concept those experiencing Encounters seem to understand experientially as their experiences demonstrate a complex, multifaceted, multidimensional paradigm which may prove to be far more accurate. I feel that we as a species are being challenged by these Encounters to relinquish old reality programs. Encounters, act as a modern day 'shamanic experience', designed to break down outmoded programs of reality and allows for us to become fully conscious and operate in a multidimensional reality. In my book *Awakening* I discuss the 'realization event'; when the person finally accepts that the old paradigm is no longer relevant, as they embrace a new multi dimensional reality.

The reality shift needed after these Encounters can be terrifying, and destabilizing. When all known reality parameters are challenged. To survive in this expanded reality they have to be courageous enough to accept new norms. But like the apprentice shaman, if they face their fears, explore and investigate with their new awareness. They can often discover a richness in understanding, both physically, emotionally and spiritually. They cannot go back to how they were before, and not surprisingly most have no desire to relinquish their new found understanding.

Note: The shamanistic experience was found to be parallel in outcomes, to the Encounter experience. Both bring transformative, heightened psychic and healing abilities, and expanded awareness. '*Shamanism and Alien Abductions A Comparative Study*', Simon Harvey Wilson (2000) ACERN participated in the study. Western Australia

**In part two I will discuss accounts which suggest that our encounters are not just physical but can involve our spirit or soul consciousness.**

**Mary Rodwell. Author of Awakening and Principal of Australian Close Encounter Resource Network ( ACERN) resides Queensland Australia.**

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Abduction Human Encounters with Aliens Dr John Mack (1994) Simon and Schuster.  
Awakening How Extraterrestrial Contact can Transform your Life, Republished 2010 New Mind Publishers

## **Books on Abduction**

**Captured, Marden, Friedman**

**Fire in the Sky, Travis Walton**

**Witnessed, Budd Hopkins**

**Intruders, Budd Hopkins**

**UFO Contact at Pasacaguola, Mendez**

**Missing Time, Budd Hopkins**

**Abducted, Jean Ritchie**

**The Threat, Dr David Jacobs**

**Secret Life, Dr David Jacobs**

**The Alien Abduction Files, Marden, Stoner**

**Abduction, John E. Mack, MD**

**Close Encounters of the Fourth Kind, C.D.B. Bryan**

**411 Eastern U.S., 411 Western U.S., David Paulides**

**411 N. America and Beyond, David Paulides**



# Case Study

## Trucker Missing Time in Nevada

Event date: 7/16/1978: I was headed westbound on hwy 80 as I've done many times before, taking a load to San Francisco. It was about 0200-0230 as I was approaching the tunnel, located about halfway through Nevada, when I started to feel really strange. I remember entering the tunnel and then...nothing. The next thing I knew I was in McCarran 76 truck stop, coming up off the steering wheel, feeling completely disoriented, and wondering what had just happened. What astounded me even more is that when I looked at my "el-cheapo" truck stop Timex I noticed it had stopped...it's battery was new and was working before! I somehow had arrived at the truck stop approx. 4 hours earlier than expected, and by all means the truck I was driving could only run a max speed of 68 mph. This happened about July of 1978. This was my first experience. Since then I have had several encounters with "outworlders" or their spacecraft.

Source: *Direct Witness*  
[www.phantomsandmonsters.com](http://www.phantomsandmonsters.com)

# Support Group and Researcher Directory

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Contact: [aah3273@yahoo.com](mailto:aah3273@yahoo.com) or call 774.766.2558

### Starborn Support of Southeastern Pennsylvania

Starborn Support is an organization consisting of professionals, abductees and experiencers who have come together to fulfill a dire need: To render support and guidance to those who feel they have been abducted by alien entities, or who have experienced a traumatic close encounter. We are also available for family members and close friends who are affected by their abductees' experiences.

Starborn Support of Southeastern Pennsylvania is an affiliate of Starborn Support, and we are also dedicated to this population. We offer telephone support to individuals, and we broadcast weekly on the Blog Talk Radio Network. Our show is called "*Starborn Support Radio*." We broadcast live every Sunday from 8:00pm to 10:00 pm eastern time, and our purpose is to help alien abductees, experiencers, their families and close friends get the support they need and the information required to understand and assimilate their experiences and reclaim their lives. We do this by providing our listeners with the most current, up to date information by hosting experts in the field of Ufology and Abduction Studies, and hosting actual experiencers and abductees who have decided it is time to share their stories, their lives and experiences in the hopes of awakening other abductees to come forward and share, moving out of the shadows and loneliness, feelings of rejection, and into the light to be counted.

Michael Austin Melton, M.S., Psy.D.  
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 610-304-5493

[www.starbornsupportradio.com](http://www.starbornsupportradio.com)  
[www.starbornsupporter.blogspot.com](http://www.starbornsupporter.blogspot.com)



## The International Center for Abduction Research (ICAR)

Is an organization devoted to the dissemination of trustworthy information about UFO abductions. The ICAR will provide accurate information to therapists and lay individuals who are interested in abductions, and help them cope with the variety of problems that arise from the use of hypnosis and other memory collection procedures. David M. Jacobs is the Director of the ICAR.

[www.ufoabduction.com](http://www.ufoabduction.com)

## International Community for Alien Research (I.C.A.R.)

[www.icar1.com](http://www.icar1.com)



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**NOTE:** If you would like to have your Support Group listed or would like to have a case study published please send your information to Journal of Abnormal Abduction Research to [butch218@dejazzd.com](mailto:butch218@dejazzd.com)

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