



J.A.A.R. is an independent bi-monthly update that will deal with the various cases surrounding Abnormal Abductions & other related phenomenon. We are dedicated to investigating and understanding reported encounters. The Journal will feature writings from researchers both here and abroad. Case Studies, Landmark Cases, and Research Papers will also be in the Journal. Abduction Support Groups will be highlighted in the Journal, along with their contact information.

Butch Witkowski, UFO Research Center of Pennsylvania Director and Founder and Elaine Douglass, UFORCOP Utah Director had discussed many times the need for an outlet where both researchers and abductees can share information, and after many conversations and thoughts the Journal of Abnormal Abduction Research was born. It will be a bi-monthly publication posted on www.uforcop.com

**J.A.A.R is dedicated to the memory of
ELAINE DOUGLASS**

www.elainedouglassfiles.com

Journal of Abnormal Abduction Research Copyright 2014-2015 All Rights Reserved

Strange Reports of the Past from Albert Rosales

Location. Piranhas near Rondonopolis, Goias, Brazil

Date: January 19 1978

Time: 1715

Six young boys were playing soccer on a field when they saw a luminous disc shaped object flying over the area. It flew at treetop level then stopped and descended to the ground without making a sound. Four of the boys ran terrified to their houses and two remained behind. Two cousins, Manoel Roberto & Paulinho Roberto had stayed behind. The children told their parents and a search for the two cousins ensued. Later after midnight a telephone call from the police alerted the family of Manoel Roberto that he had been picked up by an engineer Mr. Touro in the nearby city of Rondonopolis, cold and hungry and looking for shelter. Later he narrated that as the object landed his cousin Paulinho and himself also tried to run but were unable to move. They were then attracted towards the object. Inside the craft they found themselves in a large room where there was only a chair and a button. In the room there were also eight short humanoids, wearing reddish rubbery tight-fitting suits, their faces were human-like. Both boys remained on the chair unable to move, until one of the short men approached and passed his hand over the side of the chair. Later the object landed in Rondonopolis and Manoel was let go by the humanoids. Around the same time there was a reported power outage in the area. His cousin Paulinho has never been seen or heard from again. His whereabouts remain unknown.

Location. Weston, Massachusetts

Date: July 1978

Time: 1600

A witness reported being at a friend's house about 15miles west of Boston when a saucer shaped craft came and hovered over the backyard where some 20 plus people were playing Frisbee, volleyball, touch football and enjoying a cookout. The craft came down and landed on the backyard, a door opened and two tall slender gray colored beings came out and floated across the yard. The crowd panicked and backed away. The friend's mother ran out of the house screaming for everyone to get back. The friend's younger sister was frozen like a statue, apparently unable to move. The two beings then floated toward the frozen blond haired young woman. Her mother ran right at the two beings screaming not to take her daughter. One of the beings then raised its hand knocking the running mother over backwards, rendering her unconscious. The two beings then took her daughter by the arms, floated back to the hovering craft. The door opened and all three went inside. The craft moved slowly at first and then

disappeared very quickly. The daughter was never returned. She was never seen again. The mother had a complete nervous breakdown, and she spoke of her own abductions. Officially the daughter's disappearance has been categorized by the local police and FBI as an unsolved kidnapping. The daughter was only 18 years old when she was taken.

From the Files of Elaine Douglass

You cannot rely on your government to tell you what the Intervention is or how it is happening or what it means. You cannot rely upon science, which is largely ignorant of this phenomenon. You cannot rely upon your religious leaders to counsel you about the reality of this phenomenon and what you should do, for they really do not know. —Marshall Summers

Please visit The Elaine Douglass website to view her lifelong look Ufology and Abduction. www.elainedouglassfiles.com

The Consciousness Series

Ann Castle is a UFO and abduction investigator and researcher. With a Bachelor of Arts degree in Psychology and years working in psychiatric hospitals, Ann maintains a keen interest in the study of consciousness. She has used her strong intuition to interpret human auras and energy fields and to work with law enforcement finding missing persons (see www.aurareadings.com).

This article begins The Consciousness Series, which explores how human and alien minds operate, and how a better understanding of consciousness will help humankind interact with aliens in the future. This series will clarify differences between human consciousness and alien consciousness, and offer ideas for developing human consciousness that will put humanity on a more level playing field when dealing with the more advanced alien consciousness. (Copyright 2015: all rights reserved.)

This is Part 1 of *The Consciousness Series*, which clarifies what consciousness is and how its history in the Western world has hindered our understanding of consciousness, and deliberately held back the development of consciousness in most humans. Our underdeveloped consciousness puts

humans at a great disadvantage when dealing with aliens who are capable of telepathy and sharing one group consciousness.

It has only been in the last few decades that science has acknowledged that consciousness can be easily shared between individuals: for example, schools of fish share one group consciousness that tells them when to instantly turn direction. Certain insects seem to share a group consciousness or hive mentality over vast distances. Hundreds of studies have proven that extra-sensory perception (ESP) exists between people, which means they must be sharing consciousness. Many abductees have witnessed gray aliens acting in perfect unison and communicating telepathically, which tells us they share a group consciousness.

So why don't humans deliberately participate in a group consciousness? Westerners have little knowledge *about* consciousness and we do not train ourselves to control our minds, expand our consciousness, or use our natural intuitive abilities. Most of us have the attention spans of gnats, and Attention Deficit Disorder is rampant. We know how to discipline our bodies, but very few Westerners have disciplined their minds. A brief history of how Western culture has thwarted the development of consciousness will help us understand why Western society has not valued consciousness development and how that hinders us in understanding the group consciousness that aliens seem to share:

In ancient times, shamans all over the world supposedly had psychic powers and used telepathy with animals and people – as aliens can do. For about 1,000 years between 1400 BC- 400 AD, the ancient Greeks trained generations of oracles in telepathy and remote viewing at the Temple of Delphi. An oracle would expand her consciousness to access a field of *all knowledge*. Eastern cultures would consider this field to be the Akashic Records. Many modern quantum physicists consider this to be the quantum field, which is probably the field that alien minds access. The quantum field is a field of information, which will be covered later in this series. The oracles at Delphi were so accurate in remote viewing that they were respected throughout the world. After about 400 AD, the strengthening early Catholic Church weakened the oracles' influence and the temple was abandoned around 700 AD. The belief that humans should not seek to expand their consciousness or psychic abilities was propagated by the early Catholic Church. The Church inherited this belief from the earlier Judaic culture, who inherited it from the ancient Egyptian and Sumerian cultures, who inherited it from the Anunnaki. Ideas do not die easily.

Often when a knowledge or practice is forbidden by an authority, it goes underground and spreads, and the teachings of the Delphi oracles and other

mystery schools did exactly that. In Late Antiquity (100-750 AD), and through the Early Middle Ages (750-1200 AD), it was believed that consciousness resided in the heart or brain, and extended beyond the physical body. This was a period of magic and alchemy – think Druids and Merlin. The belief in fairies was prevalent during this time, and fairy abductions had many parallels with modern alien abductions, such as missing or distorted time, loss of memory about the abduction, missing babies or replaced babies (changelings), and a strong fairy interest in human reproduction. Aliens may have been abducting humans and misinterpreted as fairies.

Ancient shamanic practices and teachings from mystery schools resulted in many practices to expand consciousness beyond the body into the field of *all knowledge*. Magicians and alchemists used mind-expanding drugs, such as belladonna, mandrake, oleander, marijuana, ayahuasca, and mushrooms, and their use was so extensive that sometimes it developed into legend. For example, many mythologists believe the idea of Santa Claus wearing a red suit and flying probably began with Finnish shamans who herded reindeer, wore sacred red suits, and ate psychotropic mushrooms (to fly in a shamanic journey), which they harvested around the winter solstice.

In Western culture, the belief that consciousness could be expanded and *all knowledge* could be accessed became embedded in folklore and the superstition of the day. Ideas about the body's energy centers (chakras) for expanding consciousness moved from India into Europe, probably along the Silk Road. These beliefs remained outside the sanction of the Church, but influenced society, and even fashion.

Starting around 1425, it was fashionable for European women to wear tall, conical hats, called *hennas* that often had veils on the tip – think Cinderella. If women wearing the hennas encountered the *evil eye*, they believed they could pull the veil over their eyes and prevent a curse from entering their bodies. The hats were constructed of a wire frame that was supposed to serve as a two-way energy conduit from the mind, through the top of the head (crown chakra), out beyond the body and into the field of *all knowledge*. Some women in the countryside, especially the healers and midwives, added a brim to their hennas for protection from the sun – think witch hat. It was believed (and still is believed by many) that wearing the color black protects against negative energy, so these country women might wear a black dress with a black witch hat.

Originally worn by magicians and alchemists, hennas were a tool supposedly used to increase psychic ability and intelligence. This is similar to a number of close encounter reports in the 1950s, where aliens used a hand-held box –

instead of a hat – to enable them to telepathically communicate with humans.

The powerful Catholic Church suppressed any expansion of consciousness, and outlawed the hennas, which suddenly vanished from fashion. The only people allowed to expand their consciousness by wearing tall pointy hats were powerful men in the Church, such as bishops and popes, who continue to wear the miter. The Catholic Church had such fear of people – especially women – taking control of their own consciousness that women who continued to wear hennas were branded as witches and murdered, resulting in about 80,000 executions in Europe. As a deliberate slap to the Catholic Church, the black henna briefly came back in style in England in the late 1600s, after England's final break with the Catholic Church.

By 1500, smart women had begun wearing snug caps – think Queen Elizabeth. Since early Judaic law, the wearing of a snug hat (such as a Jew wearing yamaka) indicates a submission of one's consciousness to the authority of God. By this time all western religions (Jewish, Islam, Christian) instructed their members to seek wisdom and knowledge from their religious authorities, rather than accessing *all knowledge* themselves. They frightened members into not expanding their consciousness by telling them that expanding consciousness opened a doorway to evil possession, and many religious people hold this belief today.

Then the Renaissance came: This period, (1450-1800) brought the West a cultural rebirth in philosophy and science, and there was less suppression of independent thought, which resulted in the development of scientific methodology, and new philosophies regarding consciousness. The French philosopher and mathematician, Rene Descartes (1596-1650) pondered consciousness and was a forerunner of modern scientific theory and mathematics. His most famous quote was "I think, therefore I am." His biographer, Adrien Baillet, wrote that on the night of November 10, 1619, Descartes had a visitation from three "divine beings" who gave him a new philosophy and expanded his consciousness. The next day Descartes felt that all matter, energy, and consciousness were linked, which is what quantum scientists are discovering today. The three beings Descartes encountered also gave him mathematical ideas that he used in creating new analytical geometry theories still used today. The fact that these beings instructed Descartes in math and consciousness expansion –rather than anything spiritual or religious – seems to indicate they were not divine beings, but aliens.

The Age of Enlightenment (1620 – 1790) toward the end of the Renaissance Period was a time of very rapid political, scientific, economic and

philosophical change in Europe, and the start of the Industrial Revolution. Ideas from this time challenged the authority of institutions – especially religious authority. The Age of Enlightenment promoted the idea that men were endowed with inalienable rights that should be balanced with traditional authority. Philosophy revived the idea that consciousness could be nurtured, and that peace and happiness could be achieved without a religion or a belief in God.

These ideas were revolutionary, as most of the world was still steeped in a feudal economic system where serfs had no rights. Europeans seeking religious freedom migrated to the New World. Later, idealistic beliefs in freedom and human rights sparked the American and French revolutions. In the early 1800s, the Napoleonic wars spread many of these ideas across Europe and feudalism began to die. For the first time in history people had the radical idea that slavery was morally wrong; for the first time since paganism some people believed that women should be regarded as persons with legal rights.

By the 1850s a new religion called Spiritualism emerged mainly in English-speaking nations. This religion believed that our consciousness survived us after death, and that humans could alter our consciousness and communicate with the dead. Trance mediums were trained to alter their consciousness and communicate with the dead. Although there were many charlatan mediums who tricked people into believing they were communicating with the dead, there are also well-documented cases indicating that real communication with the dead occurred: this was the forerunner of modern ghost-hunting. For the first time in the West, Spiritualism also taught that not only does our consciousness survive death, but that individual consciousness can be reborn in new bodies – reincarnation. For the first time since the ancient oracles at the Temple of Delphi, Western cultures began to believe that consciousness could not just survive us after our deaths, but *extend beyond the living body* as well. Spiritualism brought the idea that consciousness can transcend dimensions, and perceived death as a merely another dimension; this parallels the idea that aliens may exist in different dimensions as well, and that humans can learn to communicate between dimensions.

Although Spiritualism has greatly declined as a religion, three of its main ideas became popular in the 20th century and are even more popular in the 21st century: (1) that consciousness survives us after death; (2) that consciousness can be reincarnated; (3) that it is possible to extend consciousness beyond the living body to communicate with the dead or with entities in other dimensions.

The 1900s brought us the beginning of psychiatry and the idea that there was a part of our consciousness that was hidden from us. This part of our minds was labeled the *subconscious*, and is believed to control our impulses, emotions, habits, and even some bodily functions. The subconscious cannot be known by active thought, and only communicates to our conscious mind in symbols, feelings and archetypes. The subconscious is so powerful that it can control the body and manage many autonomic reflexes, such as blood pressure, digestion, allergies, and some diseases. Psychics understand that it is the subconscious that directly communicates with the field of *all knowledge*, and it is the psychic's job to interpret the symbols the subconscious presents correctly. For example, if a psychic is working a criminal case, she may receive the image of a rose and realize the victim's name was "Rose."

The psychiatry of the 1950s and psychotropic drugs for mental illness, as well as innovations in talk therapy, brought the understanding of the subconscious to the general public. When the cultural revolution of the 1960s occurred, the idea of expanding consciousness was all the rage. Just as in ancient times, there was marijuana, ayahuasca, mushrooms, and now LSD to open one's mind. In the 1970s for the first time ever, there was a proliferation of seminars teaching people how to expand their consciousness; these seminars have been growing in numbers since.

The pharmaceutical industry realized that psychotropic drugs were a gold mine, and they are the fastest growing sector of the pharmaceutical industry. In 2008, Americans spent \$14.4B on anti-depressants and Attention Deficient Disorder drugs. On top of this, the growing acceptance of marijuana in society is a rapidly spreading social change. Clearly, humanity has not stopped our quest to expand – and control – our consciousness. Now in the early 21st century we've had thousands of years of documented history on how to expand our consciousness – pointy hats aside – and there are comparatively few authorities who can thwart our efforts in doing so. We have a fair understanding of the subconscious; many people believe that their minds can exist outside of their bodies and will transcend their death; and the belief in reincarnation is no longer a fringe idea. Plus, more people than ever are meditating – about 150M worldwide – and purposely trying to expand their consciousness into the field of *all knowledge*.

In addition to this, there is a growing spiritual movement that was spawned by the New Age movement of the 1960s. This movement changes the traditional, religious concept of God; many people no longer view God as a paternalistic being who intercedes for us or judges us; many people believe

that God is an energetic force, a *universal consciousness* and is in fact the quantum field of *all knowledge*. Many people who hold this belief also believe that their consciousness is a part of God Consciousness, and therefore a vital part of the creation process: as they think, God also thinks (and vice versa), as the universe creates – and expands – accordingly. This belief dovetails with the older Biblical belief that humans were made in the image of God.

The researcher Timothy Green Beckley and others have reported many cases of abductees communicating with aliens at will, and summoning alien craft. Some alien abductees who have had conversations with aliens reveal that at least some aliens believe that as they create and expand, the universe creates and expands. The aliens imply not just that they are God, but that *we are all God* participating in a co-creating expansion of the universe. After alien abductions, many people change their religious views from that of a paternalistic God to the newer idea of God as a universal consciousness. Many Eastern religions have long believed that when a spiritually mature person dies, that he will join God Consciousness in this field of *all knowledge*.

For the first time in known history, humans have nuclear technology and are traveling in space, while at the same time they have the cultural freedom to expand their consciousness. Coincidentally (or not) there is a vast increase in the number of UFO sightings and alien encounters. More humans are wondering what it would be like to participate in a group mind, and how would that operate?

Part 2 and later segments of the Consciousness Series will discuss the physicality of consciousness and how the alien group consciousness may operate.

Support Group and Researcher Directory

STARBORN SUPPORT THE ALIEN ABDUCTION SUPPORT GROUP

Starborn Support of Southeastern Pennsylvania

Starborn Support is an organization consisting of professionals, abductees and experiencers who have come together to fulfill a dire need: To render support and guidance to those who feel they have been abducted by alien entities, or who have experienced a traumatic close encounter. We are also available for family members and close friends who are affected by their abductees' experiences.

Starborn Support of Southeastern Pennsylvania is an affiliate of Starborn Support, and we are also dedicated to this population. We offer telephone support to individuals, and we broadcast weekly on the Blog Talk Radio Network. Our show is called "*Starborn Support Radio.*" We broadcast live every Sunday from 8:00pm to 10:00 pm eastern time, and our purpose is to help alien abductees, experiencers, their families and close friends get the support they need and the information required to understand and assimilate their experiences and reclaim their lives. We do this by providing out listeners with the most current, up to date information by hosting experts in the field of Ufology and Abduction Studies, and hosting actual experiencers and abductees who have decided it is time to share their stories, their lives and experiences in the hopes of awakening other abductees to come forward and share, moving out of the shadows and loneliness, feelings of rejection, and into the light to be counted.

Michael Austin Melton, M.S., Psy.D.
Director and Founder, Lead Therapist, UFOlogist
610-304-5493

www.starbornsupportradio.com
www.starbornsupporter.blogspot.com



The International Center for Abduction Research (ICAR)

Is an organization devoted to the dissemination of trustworthy information about UFO abductions. The ICAR will provide accurate information to therapists and lay individuals who are interested in abductions, and help them cope with the variety of problems that arise from the use of hypnosis and other memory collection procedures. David M. Jacobs is the Director of the ICAR.

www.ufoabduction.com



ANOMALOUS MIND MANAGEMENT > ABDUCTEE > CONTACTEE > HELPLINE

For information contact Joanne Summerscales Skype > ammach2011
Tel 07951752813 Email ammach@hotmail.co.uk www.ammach.co.uk



AUSTRALIAN CLOSE ENCOUNTER RESEARCH NETWORK

Web address www.acern.com.au Email starline@iinet.net.au

NOTE: If you would like to have your Support Group listed or would like to have a case study published please send your information to Journal of Abnormal Abduction Research to butch218@dejazzd.com

All posts and media uploads are expressed opinions of the contributing members and are not representative of or endorsed by The UFO Research Center of Pennsylvania or the Journal of Abnormal Abduction Research. This site may contain copyrighted material. Contributors may make such material available in an effort to advance the awareness and understanding of issues relating to civil rights, economics, individual rights, international affairs, liberty, science & technology, etc. We believe this constitutes a "fair use" of any such copyrighted material as provided for in section 107 of the US Copyright Law.



**Journal of Abnormal Abduction Research Copyright 2014 -2015
All Rights Reserved**